

INTERNATIONAL SKATING UNION

SPECIAL REGULATIONS & TECHNICAL RULES

SHORT TRACK SPEED SKATING 2018

as accepted by the 57th Ordinary Congress
June 2018

In the ISU Constitution and Regulations, the masculine gender used in relation to any physical person (for example, Skater/Competitor, Official, member of an ISU Member etc. or pronouns such as he, they, them) shall, unless there is a specific provision to the contrary, be understood as including the feminine gender.

See also the ISU Constitution
and General Regulations

INTERNATIONAL SKATING UNION

Regulations laid down by the following Congresses:

1 st	Scheveningen	1892	30 th	Helsinki	1963
2 nd	Copenhagen	1895	31 st	Vienna	1965
3 rd	Stockholm	1897	32 nd	Amsterdam	1967
4 th	London	1899	33 rd	Maidenhead	1969
5 th	Berlin	1901	34 th	Venice	1971
6 th	Budapest	1903	35 th	Copenhagen	1973
7 th	Copenhagen	1905	36 th	Munich	1975
8 th	Stockholm	1907	37 th	Paris	1977
9 th	Amsterdam	1909	38 th	Davos	1980
10 th	Vienna	1911	39 th	Stavanger	1982
11 th	Budapest	1913	40 th	Colorado Springs	1984
12 th	Amsterdam	1921	41 st	Velden	1986
13 th	Copenhagen	1923	42 nd	Davos	1988
14 th	Davos	1925	43 rd	Christchurch	1990
15 th	Luchon	1927	44 th	Davos	1992
16 th	Oslo	1929	45 th	Boston	1994
17 th	Vienna	1931	46 th	Davos	1996
18 th	Prague	1933	47 th	Stockholm	1998
19 th	Stockholm	1935	48 th	Québec	2000
20 th	St. Moritz	1937	49 th	Kyoto	2002
21 st	Amsterdam	1939	50 th	Scheveningen	2004
22 nd	Oslo	1947	51 st	Budapest	2006
23 rd	Paris	1949	52 nd	Monaco	2008
24 th	Copenhagen	1951	53 rd	Barcelona	2010
25 th	Stresa	1953	54 th	Kuala Lumpur	2012
26 th	Lausanne	1955	55 th	Dublin	2014
27 th	Salzburg	1957	56 th	Dubrovnik	2016
28 th	Tours	1959	<u>57th</u>	<u>Sevilla</u>	<u>2018</u>
29 th	Bergen	1961			

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I. SPECIAL REGULATIONS SHORT TRACK SPEED SKATING

A. Tracks

Rule 280

Track

1. a) For ISU Events, the Olympic Winter Games and Winter Youth Olympic Games the track shall be an oval of 111.12 meters in a covered, enclosed and heated ice rink with minimum measurements of 60 x 30 meters (see diagram in the Technical Rules).

b) The width of the straight shall not be less than seven (7) meters;

c) The measurements from the apex block of the bends to the barrier shall not be less than four (4) meters.

d) Curves and turns should be made symmetrically, there should be a symmetrical curve from the end of one straight to the point where the next straight begins.

e) Besides the standard track there will be four (4) or six (6) other tracks laid out which are symmetrical to the standard track but moved in the direction of the straight with equal intermediate distances of up to 0.7 meters when seven (7) tracks are used, up to one (1) meter when five (5) tracks are used to preserve good ice conditions. For all tracks one (1) finish line will be used. For the starting lines see diagram in Technical Rules.

f) In Semi-Finals and Finals of 500 meters only the three (3) middle tracks as marked on the diagram shall be used.

2. a) The starting lines and finish line are to be denoted by lines (colored) drawn at right angles to the straight and not more than 2 cm wide.

b) Starting lines are drawn from the barrier and will have a length equivalent to the actual width of the straight. The finish line is drawn from the barrier and will have a length of the actual width of the straight plus 1.5 meters.

c) Only for 500 and 1000 meters: Starting at 50 cm from the inner side of the track, dots 2 cm diameter shall mark five (5) starting positions every 1.3 meters in order to define the starting positions.

d) If the inner surface of the track is colored differently from the surface of the track for esthetic purposes, then this inner surface shall be symmetrical to the layout of the track, and start exactly at the end of the finish line (see diagram in the Technical Rules).

3. For International Competitions on ice rinks of less than 30 meters in width the track that may be used is shown in the diagram in the respective Announcement.

Track markers

4. Track marking blocks of an approved design by the ISU Short Track Speed Skating Technical Committee shall be used and seven (7) must be used in each curve.

Rink Board padding

5. a) Protective mats must be installed around the ice surface. All measures must be taken in order to improve the safety of the Skaters. Mats must be covered with a water-resistant, not necessarily cut-resistant, material. Mats must be attached to each other, standing with their weight on the ice.

b) All padding systems must comply to the minimum specifications laid out in the respective ISU Communication.

c) The following types of systems are defined:

- Traditional rink board Padding System: the mats are placed against the boarding surrounding the ice surface;
- Hybrid Padding system: the boarding is partially removed, especially on the exit of the curves and in the skating direction up to about 10 meters ahead of the starting and finishing line. The mats are self-standing and connected to each other, so that sufficient movement of the mats is possible in order to slow down falling skater(s). Traditional mats are placed against the boarding in the other areas;
- Moveable Padding system: there are no boards around the ice surface and the mats are self-standing, connected to each other, so that sufficient movement of the mats is possible to slow down falling skater(s).

d) For ISU Events, the Olympic Winter Games and the Winter Youth Olympic Games, a feasibility plan with all the technical descriptions of the material properties and drawing of the construction of the mats must be submitted with the initial application.

e) For the Olympic Winter Games, a Moveable Padding system is mandatory. The Padding must comply with the specifications laid out in the respective ISU Communication. The selection of the Padding must also take into account the requirements for the final setup and logistical change-over issues, when sharing a venue with Figure Skating.

f) For ISU Events and Winter Youth Olympic Games a Moveable Padding system or a Hybrid Padding system must be used as a minimum.

g) For International Competitions, a Traditional rink board Padding system must be used as a minimum.

Facilities at rink

6. a) For ISU Events and the Olympic Winter Games, electronic equipment capable of producing an image of the finish and the times of the competitors shall be used. Times shall be produced in thousands of a second. These results shall be considered Official Results.

b) For ISU Events, Olympic Winter Games (OWG) and Winter Youth Olympic Games (YOG), an Instant Video Replay System (IVR) and Race Reporting System (RRS) approved by the ISU shall be used.

c) For International Competitions a manual procedure explained in Rule 290, paragraphs 13 and 14 may be used, if the above equipment is not available.

d) For ISU Events and the Olympic Winter Games, only computer software approved by the Short Track Speed Skating Technical Committee shall be used to document the results of races, prepare the make-up of the next round of races, and produce the final results and Protocol of the competition;

e) For International Competitions the procedure outlined in Rule 296 can also be done manually.

f) All technical equipment shall be located in areas restricted to public access.

B. World Championships

Rule 281

Distances and program

1. a) The distances will be: 500, 1000, 1500 and 3000 meters individual, 3000 meters Relay for Ladies and 5000 meters Relay for Men.

b) On the distances 500, 1000 and 1500 meters there will be two (2) Finals, A and B. The qualification for the Finals will be through Qualifying rounds, according to Rule 295, paragraph 2. On the 3000 meters there will be one (1) Final, which will be skated as a Super-Final.

c) On the Relay Distances there will be two (2) Finals, A and B. The qualification for the Finals will be through Qualifying rounds, according to Rule 295, paragraph 2.

d) Based upon the number of entries the Competitors Steward confirms the qualifying schedule following the instructions of the Technical Committee.

e) The World Championships are held over three (3) days.

f) The order of the Finals and their respective Quarter-Finals and Semi-Finals will be 1500, 500, 1000 and 3000 meters.

g) The Finals of the Relays will be held after the conclusion of the individual races. Qualifying rounds of the Relays may be held on each day of the

Championships provided they are held after the conclusion of the individual races of the day.

h) Skaters not having qualified for the Main Program on the respective distance qualify for Ranking Finals in their respective blocks from the Qualifying Rounds.

Rule 295, paragraph 6, will be applied on the Results of the Ranking Finals in order to determine the Distance Classification.

Skaters may forfeit their right to start in the Ranking Finals but shall announce it at the latest 30 minutes after the finish of the last race on the day before their Ranking Finals.

Skaters not participating in the Ranking Finals will be ranked after those who have participated in the Ranking Finals in their respective blocks from the Qualifying Rounds, based on their results on the preceding qualifying rounds following the procedure laid down in Rule 295, paragraph 6.

Skaters who have not announced their withdrawal from the Ranking Finals and who do not fulfil the requirements for exception of Rule 298, paragraph 1 b), are excluded from the Classification over that distance and also excluded from the Overall Classification.

i) The standard program will be:

First day	Heats	1500 meters Ladies/Men
	Preliminaries	500 meters Ladies/Men
	Heats	500 meters Ladies/Men
	Preliminaries	1000 meters Ladies/Men
	Heats	1000 meters Ladies/Men
Second day	Ranking Finals	1500 meters Ladies/Men
	Ranking Finals	500 meters Ladies/Men
Second day Main Program	Semi-Finals	1500 meters Ladies/Men
	Finals B, A	1500 meters Ladies/Men
	Quarter-Finals	500 meters Ladies/Men
	Semi-Finals	500 meters Ladies/Men
	Finals B, A	500 meters Ladies/Men
	Semi-Finals	3000 meters Relay Ladies
	Semi-Finals	5000 meters Relay Men
Third day	Ranking Finals	1000 meters Ladies/Men
	Final B	3000 meters Relay Ladies
	Final B	5000 meters Relay Men
Third day Main Program	Quarter-Finals	1000 meters Ladies/Men
	Semi-Finals	1000 meters Ladies/Men
	Finals B, A	1000 meters Ladies/Men

Super-Finals	3000 meters Ladies/Men
Final A	3000 meters Relay Ladies
Final A	5000 meters Relay Men

j) The Program is subject to change based on the number of entries and local circumstances. Qualifying Rounds may be added or removed in accordance with Rule 295, paragraph 2 d, and Qualifying Rounds may be moved to other days of the Championships.

k) The starting times on each day may be determined by the organizing committee. The program of the second and third day is divided in two parts. The rounds of the Main Program must be in one part and not separated. When each part (session) starts, it will be held without any intermission or breaks other than to resurface the ice or give the Skaters the rest time according to Rule 295, paragraph 2.

Entries

2. a) Each ISU Member has the right to enter one (1) Competitor in each category.

If an ISU Member had one (1) Skater amongst the best thirty-two (32) Competitors in the final classification of the same preceding Championships that ISU Member may enter two (2) Competitors in total in the respective category.

If an ISU Member had more than one (1) Skater amongst the best sixteen (16) Competitors in the final classification of the same preceding Championships of which one or more scored Final Points that ISU Member may enter three (3) Competitors in total in the respective category.

If the Host ISU Member has not qualified three (3) Skaters then the Host ISU Member may choose to enter three (3) Skaters, and have the original number of qualified Skaters as their maximum number of Skaters to qualify for the same following Championship.

For all Skaters, minimum qualifying times are required for entry in this ISU Championship. The required qualifying times, the qualifying period, the category of competitions and other conditions under which the times must have been achieved, are decided by the Short Track Speed Skating Technical Committee and will be announced in an ISU Communication.

ISU Members entering participants must provide the documentation requested in this ISU Communication of the qualifying times achieved by each Competitor. This documentation must be submitted to the ISU Secretariat at the latest two (2) weeks before the Competition. The Representative of the Technical Committee will decide if the qualifying criteria has been respected and if the entry can be accepted.

b) Each ISU Member may enter the names of substitutes corresponding with the number of ordinary entries.

c) ISU Members who qualify amongst the best eight (8) Relay Teams from

the World Cup Relay Classification Ladies/Men (see Rule 286, paragraph 8) may enter a Team in the respective category in the Relay competition. If the host country is not ranked amongst the top eight (8) Teams of the World Cup Relay Classification they will replace the lowest ranked Team. ISU Members entering a Relay Team can only enter a maximum number of five (5) Skaters which will include all Skaters for both competitions: individual and Relay.

d) If a Skater is not able to start on the first distance of the World Championships due to illness after the names have been officially presented to the Competitors Steward in accordance with Rule 295, paragraph 4 f), that Skater may be replaced by another entered Skater of the ISU Member concerned. The Competitors Steward may change the make up of the races according to the seeding procedure, Rule 296.

e) In cases when a Competitor withdraws after the names have officially been presented to the Competitors Steward in accordance with Rule 295, paragraph 4 f), this Competitor is not allowed to be entered again in the individual part of the Championships.

Drawing and seeding procedure

3. See Rule 296.

Conditions of contest

4. a) Only the top eight (8) points scorers and ties on the eighth (8th) position, on the basis of Final Points after the previous Finals, are eligible to compete in the 3000 meters Super-Final.

b) The final classification will be made according to Rule 295, paragraph 9.

c) For each of the distances a classification will be made according to Rule 295, paragraphs 6 and 7.

Winner(s)

5. a) The overall winner is the Skater having attained the highest rank according to Rule 295, paragraph 9, at the conclusion of the Championships.

b) The winning Team of the World Short Track Speed Skating Championships for the Relay competition is the one which has been declared winner of the Final A. The second (2nd) and third (3rd) placed Teams of the Championships are the teams finishing accordingly in the Final A. Medals will be awarded to these Teams in accordance with Rule 134, paragraph 3.

c) The winner of the World Short Track Speed Skating Championships 500/1000/1500 meters is the Skater being declared winner of the Final A of the distance concerned. The second (2nd) and third (3rd) placed Skaters of the Championships are the Skaters finishing accordingly in the Final A. Medals will be awarded to these Skaters in accordance with Rule 134, paragraph 3.

d) For titles see Rule 133.

C. Mixed Gender Team Competition

Rule 282

1. A mixed gender team competition will follow the listed basic requirements:

a) The Program components may include:

- Individual Races
- Team Races
- Relay for Mixed Gender Teams

b) Participants

Teams of 2 Ladies and 2 Men can participate.

2. The details on distances, program, entries, condition of contest and results will be laid down by an ISU Communication.

D. World Junior Championships

Rule 283

Distances and Program

1. a) The distances will be: 500, 1000 and 1500 meters individual. Relay races will go over 3000 meters. Each Relay Team shall consist of four (4) Skaters per ISU Member;

b) On the distances 500, 1000 and 1500 meters, there will be two (2) Finals, A and B. The qualification for the Finals will be through Qualifying rounds according to Rule 295, paragraph 2.

c) On the Relay Distances there will be two (2) Finals, A and B. The qualification for the Finals will be through Qualifying rounds according to Rule 295, paragraph 2.

d) Based upon the number of entries the Competitors Steward confirms the qualifying schedule following the instructions of the Technical Committee.

e) The order of the Finals and their respective Quarter-Finals and Semi-Finals will be 1500, 500 and 1000 meters.

f) Skaters not having qualified for the Main Program on the respective distance qualify for Ranking Finals in their respective blocks from the Qualifying Rounds.

Rule 295, paragraph 6, will be applied on the Results of the Ranking Finals in order to determine the Distance Classification.

Skaters may forfeit their right to start in the Ranking Finals but shall announce it at the latest 30 minutes after the finish of the last race on the day before their Ranking Finals.

Skaters not participating in the Ranking Finals will be ranked after those who have participated in the Ranking Finals in their respective blocks from the Qualifying Rounds, based on their results on the preceding qualifying rounds following the procedure laid down in Rule 295, paragraph 6.

Skaters who have not announced their withdrawal from the Ranking Finals and who do not fulfil the requirements for exception of Rule 298, paragraph 1 b), are excluded from the Classification over that distance.

g) The standard program will be:

First day	Heats	1500 meters Ladies/Men
	Preliminaries	500 meters Ladies/Men
	Preliminaries	1000 meters Ladies/Men
	Heats	3000 meters Relay Ladies/Men
Second day	Ranking Finals	1500 meters Ladies/Men
	Ranking Finals	500 meters Ladies/Men
Second day Main Program	Semi-Finals	1500 meters Ladies/Men
	Finals B, A	1500 meters Ladies/Men
	<u>Heats</u>	<u>500 meters Ladies/Men</u>
	Quarter-Finals	500 meters Ladies/Men
	Semi-Finals	500 meters Ladies/Men
	Finals B, A	500 meters Ladies/Men
	Semi-Finals	3000 meters Relay Ladies/Men
Third day	Ranking Finals	1000 meters Ladies/Men
	<u>Final B</u>	<u>3000 meters Relay Ladies</u>
	<u>Final B</u>	<u>3000 meters Relay Men</u>
Third day Main Program	<u>Heats</u>	<u>1000 meters Ladies/Men</u>
	Quarter-Finals	1000 meters Ladies/Men
	Semi-Finals	1000 meters Ladies/Men
	Finals B, A	1000 meters Ladies/Men
	Final A	3000 meters Relay Ladies
	Final A	3000 meters Relay Men

h) The Program is subject to change based on the number of entries and local circumstances. Qualifying Rounds may be added or removed in accordance with Rule 295, paragraph 2 d), and Qualifying Rounds may be moved to other days of the Championships.

i) The starting times on each day may be determined by the organizing committee. The program of the second and third day is divided in two parts. The rounds of the Main Program must be in one part and not separate. When each part (session) starts it will be held without any intermission or breaks other than

to resurface the ice or give the Skaters the rest time according to Rule 295, paragraph 2.

Entries

For the season 2018/2019:

2. a) Each ISU Member has the right to enter three (3) Competitors in each individual category. ISU Members entering a Relay Team may enter four (4) Competitors in the respective category.

Minimum qualifying times are required for entry in this ISU Championship. The required qualifying times, the qualifying period, the category of competitions and other conditions under which the times must have been achieved, are decided by the Short Track Speed Skating Technical Committee and will be announced in an ISU Communication.

ISU Members entering participants must provide the documentation requested in this ISU Communication of the qualifying times achieved by each Competitor. This documentation must be submitted to the ISU Secretariat at the latest 2 weeks before the Competition. The Representative of the Technical Committee will decide if the qualifying criteria has been respected and if the entry can be accepted.

b) Each ISU Member may enter the names of substitutes corresponding with the number of ordinary entries.

c) ISU Members entering a Relay Team can only enter a maximum number of four (4) Skaters which will include all Skaters for both competitions: Individual and Relay.

d) If a Skater is not able to start on an individual distance of the World Junior Championships due to illness after the names have been officially presented to the Competitors Steward in accordance with Rule 295, paragraph 4 f), that Skater may be replaced by another entered Skater of the Member concerned. The Competitors Steward may change the make up of the races according to the seeding procedure, Rule 296;

From the season 2019/2020:

2. a) Each ISU Member has the right to enter three (3) Competitors in each category. ISU Members entering a Relay Team may enter a maximum of four (4) Competitors in the respective category.

b) Each ISU Member has the right to enter two (2) Competitors in each category for each individual distance.

If an ISU Member had more than 1 Skater amongst the best sixteen (16) Competitors in the final classification of a distance in the preceding Championships, that ISU Member may enter a maximum of three (3) Competitors on that distance.

c) If the Host ISU Member has not qualified three (3) Skaters in a distance then the Host ISU Member may nevertheless choose to still enter three (3)

Skaters for that distance. However, if the Host ISU Member chooses to enter 3 Skaters in the distance, then this Member cannot enter more than 2 Skaters for the same distance in the following Championship.

d) For all Skaters minimum qualifying times are required for entry in this ISU Championship. The required qualifying times, the qualifying period, the category of competitions and other conditions under which the times must have been achieved, are decided by the Short Track Speed Skating Technical Committee and will be announced in an ISU Communication.

ISU Members entering participants must provide the documentation requested in this ISU Communication of the qualifying times achieved by each Competitor. This documentation must be submitted to the ISU Secretariat at the latest 2 weeks before the Competition. The Representative of the Technical Committee will decide if the qualifying criteria has been respected and if the entry can be accepted.

e) Each ISU Member may enter the names of substitutes corresponding with the number of ordinary entries.

f) If a Skater is not able to start on an individual distance due to illness after the names have been officially presented to the Competitors Steward in accordance with Rule 295, paragraph 4 f), that Skater may be replaced by another entered Skater of the Member concerned. The Competitors Steward may change the make up of the races according to the seeding procedure, Rule 296.

Drawing and seeding procedure

3. See Rule 296.

a) For Skaters without a World Ranking, the best season time over the distances will be used to determine a ranking for the make up of the first round of each of the related distances. These times must be submitted to the ISU Secretariat at the latest two (2) weeks before the Competition. The Representative of the Technical Committee will decide if the times can be accepted. See the respective ISU Communication for further details.

b) For the first round of the Relay races, the Seeding List will follow the Classification of the Relay competition in the same preceding Championships.

Conditions of contest

4. a) For each of the distances a classification will be made according to Rule 295, paragraph 6.

Winner

5. a) The distance winner 500/1000/1500 meters is the Skater being declared winner of the Final A. The second (2nd) and third (3rd) placed Skaters of the Championships are the Skaters finishing accordingly in the Final A. Medals will be awarded to these Skaters in accordance with Rule 134, paragraph 3.

b) The winning Team of the World Junior Short Track Speed Skating Championships for the Relay competition is the one which has been declared winner of the Final A. The second (2nd) and third (3rd) placed Teams of the Championships are the Teams finishing accordingly in the Final A. Medals will be awarded to these Teams in accordance with Rule 134, paragraph 3.

c) For Titles see Rule 133.

E. Olympic Winter Games

Rule 284

Distances

1. a) For Olympic Winter Games the competitions are:

- Individual Races

- Relay Races

- Mixed Gender Relay Races

b) The distances for Individual Races are:

- 500, 1000 and 1500 meters individual distances for Ladies and Men;

c) The distances for Relay Races are:

- 3000 meters Relay for Ladies;

- 5000 meters Relay for Men.

d) Distances for the Mixed Gender Relay Races will be shown in an ISU Communication.

e) On each of the distances there may be Qualifying Rounds, depending on the number of entries, in which the Skaters/Teams qualify for the Final according to Rule 295, paragraph 2.

Entry quotas

2. a) For each edition of the Olympic Winter Games, the International Olympic Committee (IOC) stipulates an overall maximum number of Skaters to be entered into Short Track Speed Skating competitions (IOC Quota), with a target number for each gender. If for either Ladies or Men the respective IOC quota would not be reached according to the Qualifying System described in the ISU

Regulations, the respective unused number of quota places would be credited and added to the quota of the other gender.

b) The total overall number of entered Short Track Speed Skaters per ISU Member, respectively National Olympic Committee (NOC quota) will be maximum ten (10) Skaters; maximum five (5) Ladies, respectively five (5) Men (for ISU Members/NOC qualified for the Relay competition) and maximum three (3) Ladies, respectively three (3) Men (for ISU Member/NOC not qualified for the Relay competition).

Qualification system

3. a) General

Quota places are earned by the ISU Members (by IOC called “NFs”) respectively National Olympic Committees (NOCs) based on the results achieved by the ISU Members in the four (4) Special Olympic Qualification Classifications (SOQC) resulting from the four (4) ISU World Cup Competitions designated by the ISU to be held during October – December prior to the Olympic Winter Games. Two (2) out of four (4) World Cups shall preferably be held on the same continent as the Olympic Winter Games. The four (4) SOQCs will be for 500, 1000 and 1500 meters each for Ladies and Men, 3000 meters Relay Ladies and 5000 meters Relay Men. As per ISU Regulations, only ISU Members are allowed to enter ISU sanctioned competitions, which include ISU World Cup Short Track Speed Skating Competitions.

The three (3) best Results out of four (4) Results, over the respective distance, will be taken into consideration for the purpose of establishing the SOQC.

Upon confirmation by the ISU of the quota places earned by the ISU Members/NOCs, the subsequent entries by name to the Olympic Winter Games to be made within the applicable deadlines, are at the discretion of the respective ISU Member/NOC subject to the entered Skaters being eligible according to ISU and IOC rules.

These SOQCs will be calculated following the same rules and principles as the ISU World Cup Short Track Speed Skating classifications, i.e. using the World Cup points earned at the designated World Cup Competitions (for details please refer to the respective ISU Rules and ISU Communications). In the case of a tie in the SOQC, the following tie breaking system will be used:

- i) Best place on the distance in one of the designated World Cups;
- ii) Best time on the distance;
- iii) Second (or if needed third, fourth, etc.) best times on the distance.

b) Host ISU Member/NOC

If not qualified through the qualifying procedure, the host ISU Member/NOC will be entitled to enter ten (10) Skaters (five (5) Ladies and five (5) Men) in all competitions together, as follows:

- Ladies and Men Relay;

- One (1) Skater in each individual competition/distance both Ladies and Men.

If the host ISU Member/NOC forfeits its right to participate in the Relay competition(s), the host ISU Member/NOC may nevertheless enter one (1) Skater in each of the individual distances.

c) Relay

The ISU Members/NOCs with the top eight (8) placed Relay Teams in the SOQC for Relay qualify for participation in the Olympic Winter Games Relay competitions. If the host ISU Member/NOC of the Olympic Winter Games is not amongst those qualified on the basis of the Relay SOQC, the respective Relay Team of the host ISU Member/NOC will replace the ISU Member/NOC ranked eighth (8th) in the SOQC for the Relay.

d) Individual distances

ISU Members/NOCs qualified for the Relay competitions may enter a maximum of five (5) Skaters in total. The Skaters competing in the individual competitions must be among the Skaters in the Relay Team.

ISU Members not qualified for the Relay competitions can only send the number of Skaters equal to their highest number of starting places on any of the individual distances.

For the individual distances, taking into account the above-mentioned ramification from the Relay qualification, which for the IOC quota will have priority, the quota places are assigned to ISU Members/NOCs in the order of the respective SOQC. All ISU Members/NOCs having Skaters ranked first (1st) over the distances 500, 1000 and 1500 meters get one (1) starting place on the respective distance. Following that the ISU Members/NOCs having Skaters ranked second (2nd) get one (1) starting place, etc. until the following criteria are met:

- i) The number of quota places per ISU Member/NOC has reached the maximum of three (3) Skaters per distance;
- ii) The number of Skaters on the respective distances has reached the maximum number of Skaters for that distance; i.e. the maximum number of Skaters over 500 and 1000 meters will be thirty-two (32). The maximum number of Skaters over 1500 meters will be thirty-six (36);
- iii) The total number of Skaters per category (Ladies/Men) has reached the IOC quota;
- iv) If the number of Skaters per distance has not reached the maximum number of Skaters (32 for 500 and 1000 meters and 36 for 1500 meters) on one or more distances, and the process of simultaneously qualifying cannot be continued without exceeding the IOC quota, then Skaters will be added on a one-by-one basis until the IOC quota has been reached. The next available Skater(s) per distances with the highest rank will be added on the respective distance. In the case of a tie the shortest distance will prevail;
- v) If according to sub-paragraph i), ii), iii), iv) above the number of actually entered Skaters by name has not reached the maximum per distance (32

for 500 and 1000 meters and 36 for 1500 meters) then the ISU Member/NOCs having Skaters entered as per sub-paragraphs i), ii), iii) and iv) above, will be allowed to enter the same Skaters in the respective distance(s) in the order of the respective SOQC, up to the maximum of three (3) Skaters per distance. Consequently, this will not affect the total number of entered Skaters and the IOC quota remains respected;

vi) In the exceptional case that the number of Skaters per distance cannot be filled (32 for 500 and 1000 meters and 36 for 1500 meters) after applying the procedures in the sub-paragraphs i), ii), iii), iv) and v) above then ISU Members/NOCs who have qualified for the Relay but who have no individual Competitors will be allowed to enter Skaters on the respective distance(s). In the case of a tie the Relay Team with the highest rank will prevail. Consequently, this will also not affect the total number of entered Skaters and the IOC quota remains respected.

Process of confirmation of places

4. After the designated ISU World Cup Competitions will be completed and based on the resulting SOQC, the ISU will inform the ISU Members/NOCs of their respective total number of quota places and the number of Skaters each ISU Member/NOC can enter per individual distance. NOCs will be requested to confirm to the ISU the use of quota places within a specific deadline to be announced through an ISU Communication.

Reallocation of unused quota positions

5. Unused quota places will be redistributed to ISU Members/NOCs based on the different SOQCs. NOCs will be requested to confirm within three (3) days whether they accept the offered reallocation of quota places, but at the latest within the deadline to be announced through an ISU Communication. Unused Relay quota places will be replaced with the next best placed Team based on the results of the relay SOQC.

Qualifying Timeline

6. Qualifying procedures for the Olympic Winter Games will be defined and communicated through a specific ISU communication at the latest by October 1st in the pre-Olympic season.

Medal assignments at Olympic Winter Games

7. a) For the Olympic Winter Games only, Finals A and B will take place for the 500, 1000 and 1500 meter individual final races, and for the Ladies 3000 meter Relay and Men's 5000 meter Relay final races.

b) The Finals A and B are created so that, to the extent possible, the three (3) IOC medals with accompanying diplomas and the five (5) additional IOC diplomas (together referred to as the "IOC Awards") available for each race are actually awarded to eight (8) Skaters or eight (8) relay Teams.

c) The eight (8) IOC Awards are conferred on Skaters or Teams in the order of finish (from first to last), starting with the Final A, and thereafter, as necessary to fill the IOC Award positions, continuing with Skaters or Teams (from first to last) finishing the Final B.

d) Vacancies in the eight (8) IOC Award positions may be created in the Final A or B race by: (i) Skater or Team sanctioned with a penalty, yellow card, or red card (ii) Skater or Team did not start (DNS) or (iii) Skater or Team did not finish (DNF).

e) A penalty, yellow card, red card, DNS or DNF Skater or Team in the Final A or Final B is not eligible to receive an IOC Award. The next finishing Skater or Team, and the succeeding finishing Skaters or Teams, whether in the Final A or the Final B, considered in their respective finishing sequence (from first to last), move up. Finishing time established by any Skater or Team is not a qualifying factor.

f) For the avoidance of doubt, vacancies in the eight (8) IOC Award positions due to penalty, yellow card, red card, DNS or DNF shall be filled as follows:

i) If a penalty, yellow card, red card, DNS or DNF occurs in the Final A creating a vacancy in the IOC Award positions, the next-ranking Skater or Team who finished the Final A race, moves up to fill the vacancy. This advancement procedure is followed in like manner for additional vacancies in IOC Award positions until no finishing Skaters or Teams from the Final A remain available to be advanced;

ii) If one or more of the IOC Award positions remains vacant after the above procedure for filling IOC Award vacancies with Final A finishers is completed, the next-ranking Skater or Team (or Skaters or Teams as the case may be) finishing the Final B moves up to fill the IOC award vacancy or vacancies.

g) Any Skater or Team not finishing the Final A or Final B is not eligible for an IOC Award, and if this results in less than eight (8) Skaters or Teams being available for an IOC Award, the vacant IOC Award position(s) shall not be filled and the award(s) shall not be conferred.

F. European Championships and Four Continents Championships

Rule 285

Distances and program

1. a) The distances will be: 500, 1000, 1500 and 3000 meters individual, 3000 meters Relay for Ladies and 5000 meters Relay for Men.

b) On the distances 500, 1000 and 1500 meters there will be two (2) Finals, A and B. The qualification for the Finals will be through Qualifying rounds, according to Rule 295, paragraph 2. On the 3000 meters there will be one (1) Final, which will be skated as a Super-Final.

c) On the Relay Distances there will be two (2) Finals, A and B. The qualification for the Finals will be through Qualifying rounds according to Rule 295, paragraph 2.

d) Based upon the number of entries the Competitors Steward confirms the qualifying schedule following the instructions of the Technical Committee.

e) The Championships are held over three (3) days.

f) The order of the Finals and their respective Quarter-Finals and Semi-Finals will be 1500, 500, 1000 and 3000 meters.

g) Skaters not having qualified for the Main Program on the respective distance qualify for Ranking Finals in their respective blocks from the Qualifying Rounds.

Rule 295, paragraph 6, will be applied on the Results of the Ranking Finals in order to determine the Distance Classification.

Skaters may forfeit their right to start in the Ranking Finals but shall announce it at the latest 30 minutes after the finish of the last race on the day before their Ranking Finals.

Skaters not participating in the Ranking Finals will be ranked after those who have participated in the Ranking Finals in their respective blocks from the Qualifying Rounds, based on their results on the preceding qualifying rounds following the procedure laid down in Rule 295, paragraph 6.

Skaters who have not announced their withdrawal from the Ranking Finals and who do not fulfil the requirements for exception of Rule 298, paragraph 1 b), are excluded from the Classification over that distance and also excluded from the Overall Classification.

h) The Finals of the Relays will be held after the conclusion of the individual races. Qualifying rounds of the Relays may be held on each day of the Championships provided they are held after the conclusion of the individual races of the day.

i) The standard program will be:

First day	Heats	1500 meters Ladies/Men
	Preliminaries	500 meters Ladies/Men
	Heats	500 meters Ladies/Men
	Preliminaries	1000 meters Ladies/Men
	Heats	1000 meters Ladies/Men
	Heats	3000 meters Relay Ladies
	Heats	5000 meters RelayMen
Second day	Ranking Finals	1500 meters Ladies/Men
	Ranking Finals	500 meters Ladies/Men
Second day Main Program	Semi-Finals	1500 meters Ladies/Men
	Finals B, A	1500 meters Ladies/Men
	Quarter-Finals	500 meters Ladies/Men
	Semi-Finals	500 meters Ladies/Men
	Finals B, A	500 meters Ladies/Men
	Semi-Finals	3000 meters Relay Ladies
Third day	Semi-Finals	5000 meters Relay Men
	Ranking Finals	1000 meters Ladies/Men
	Final B	3000 meters Relay Ladies
	Final B	5000 meters Relay Men
Third day Main Program	Quarter-Finals	1000 meters Ladies/Men
	Semi-Finals	1000 meters Ladies/Men
	Finals B, A	1000 meters Ladies/Men
	Super-Finals	3000 meters Ladies/Men
	Final A	3000 meters Relay Ladies
	Final A	5000 meters Relay Men

j) The Program is subject to change based on the number of entries and local circumstances. Qualifying Rounds may be added or removed in accordance with Rule 295, paragraph 2 d), and Qualifying Rounds may be moved to other days of the Championships.

k) The starting times on each day may be determined by the organizing committee. Each day's program can be divided in two parts. The rounds of the Main Program must be in one part and not separate. When each part (session)

starts it will be held without any intermission or breaks other than to resurface the ice or give the Skaters the rest time according to Rule 295, paragraph 2.

Entries

For the European Championships:

2. a) Each European ISU Member has the right to enter one (1) Competitor in each category.

If a European ISU Member had one (1) Skater amongst the best thirty-two (32) Competitors in the final classification of the same preceding Championships that ISU Member may enter two (2) Competitors in total in the respective category.

If a European ISU Member had one (1) or more Skaters among the best eight (8) Competitors in the final classification in the same preceding Championships that ISU Member may enter three (3) Competitors in total in the respective category.

If the Host ISU Member has not qualified three (3) Skaters then the Host ISU Member may choose to enter three (3) Skaters, and have the original number of qualified skaters as their maximum number of Skaters to qualify for the same following Championship.

For all Skaters minimum qualifying times are required for entry in this ISU Championship. The required qualifying times, the qualifying period, the category of competitions and other conditions under which the times must have been achieved, are decided by the Short Track Speed Skating Technical Committee and will be announced in an ISU Communication.

ISU Members entering participants must provide the documentation requested in this ISU Communication of the qualifying times achieved by each Competitor. This documentation must be submitted to the ISU Secretariat at the latest two (2) weeks before the Competition. The Representative of the Technical Committee will decide if the qualifying criteria has been respected and if the entry can be accepted.

b) Only the twelve (12) highest ranked European ISU Members in a Special Relay Classification over the two (2) most recent World Cups held in Europe can enter a Relay Team Ladies/Men in the respective category in the Relay competition.

If the host country is not ranked amongst the top twelve (12) Teams of the Special Relay Classification they will replace the lowest ranked Team. If an ISU Member forfeits its right to participate then the next ranked European ISU Member will be invited to participate.

For the Four Continents Championships:

c) For the season 2019/2020 each ISU Member has the right to enter three (3) Competitors in each category.

As from the season 2020/2021 the entry quota will be in accordance with Rule 285, paragraph 2.a).

d) Only the eight (8) highest ranked Four Continents ISU Members in a Special Relay Classification over all World Cups, held in any of the Four Continents countries during the current season and preceding the Championships can enter a Relay Team Ladies/Men in the respective category in the Relay competition.

If the host country is not ranked amongst the top eight (8) Teams of the Special Relay Classification they will replace the lowest ranked Team. If an ISU Member forfeits its right to participate then the next ranked Four Continents ISU Member will be invited to participate;

For the European as well as for the Four Continents Championships:

e) Each ISU Member may enter the names of substitutes corresponding with the number of ordinary entries.

f) ISU Members entering a Relay Team can only enter a maximum number of five (5) Skaters which will include all Skaters for both competitions: individual and Relay.

g) If a Skater is not able to start on the first distance of the Championships due to illness after the names have been officially presented to the Competitors Steward in accordance with Rule 295, paragraph 4 f), that Skater may be replaced by another entered Skater of the ISU Member concerned. The Competitors Steward may change the make up of the races according to the seeding procedure, Rule 296.

h) In cases when a Competitor withdraws after the names have been officially presented to the Competitors Steward in accordance with Rule 295, paragraph 4 f), this Competitor is not allowed to be entered again in the individual part of the Championships.

Drawing and seeding procedure

3. See Rule 296.

Conditions of contest

4. a) Only the top eight (8) points scorers and ties on the eighth (8th) position, on the basis of Final Points after the previous Finals, are eligible to compete in the 3000 meters Super-Final.

b) The final classification will be made according to Rule 295, paragraph 9.

c) For each of the distances a classification will be made according to Rule 295, paragraphs 6 and 7.

Winner(s)

5. a) The overall winner is the Skater having attained the highest rank according to Rule 295, paragraph 9, at the conclusion of the Championships. The distance winner 500/1000/1500 meters is the Skater being declared winner of the Final A. The second (2nd) and third (3rd) placed Skaters of the Championships are the Skaters finishing accordingly in the Final A. Medals will be awarded to these Skaters in accordance with Rule 134, paragraph 3.

b) The winning Team of the Relay competition is the one which has been declared winner of the Final A. The second (2nd) and third (3rd) placed Teams of the Championships are the teams finishing accordingly in the Final A. Medals will be awarded to these Teams in accordance with Rule 134, paragraph 3.

G. World Cup Competitions

Rule 286

Conditions of contest

1. A World Cup for Ladies and Men will be organized as an ISU Event under the responsibility of the Short Track Speed Skating Technical Committee. Additional rules and details are published each season in an ISU Communication.

2. a) During a season a number of World Cup Competitions are scheduled.

b) The World Cup Competitions designated for Olympic Qualification may have a different competition format.

3. The World Cup is a series of International Competitions held each season, open to ISU Members, with the following criteria:

- Entries from at least four (4) ISU Members;
- The Competitions must follow the rules in the appropriate Communication. The Short Track Speed Skating Technical Committee may if needed modify the World Cup Communication after the second and fourth World Cup Competition in a season;
- Each ISU Member may enter a number of Skaters, in accordance with the World Cup Communication, which will include all Skaters for all individual, relay and team competitions;
- All Officials appointed by the ISU must be ISU Officials;
- All Assistant Referees, Starters and Competitors Stewards must be at least on the List of International Officials with a mark "W" for World Cups;

For World Cups designated for Olympic qualification, all Assistant Referees, Starters and Competitors Stewards must be on the List of ISU Officials;

- At least three (3) qualified Officials from other ISU Members shall be included amongst those appointed.

4. a) The World Cup Relay Classification determines the entries for the Relay at the World Championships according to Rule 281, paragraph 2.

By making an entry for a World Cup Competition the ISU Member confirms that if qualified the ISU Member will participate in the Relay Competition at the respective Championships. The ISU Member may forfeit these rights by notifying the ISU Council and the Short Track Speed Skating Technical Committee in writing before the last World Cup Competition of the season.

b) The Special Relay Classification referred to in Rule 285, paragraph 2.b) and paragraph 2.d), determines the entries for the Relay at the European and the Four Continents Championships. By making an entry for a World Cup Competition, the ISU Member confirms that, if qualified, the ISU Member will participate in the Relay Competition at the respective Championships. The ISU Member may forfeit these rights by notifying the ISU Council and the Short Track Speed Skating Technical Committee in writing before the last World Cup Competition preceding the respective Championships.

c) The Special Relay Classification for qualification for the Championships will follow the Rules and Procedures of the World Cup Relay Classification. For this purpose, the Distance Classifications at the respective World Cups will be taken and points will be only awarded to relevant Members.

d) Following the General Regulations, the ISU Council shall impose penalties upon any ISU Member for not being in compliance with this requirement.

5. The program of each World Cup Competition can include the following items:
Single distances for individuals:

- 500, 1000, 1500 meters. One (1) of these distances may be skated twice.

Relay:

- 3000 meters for Ladies
- 5000 meters for Men.

Other distances, Team competitions and Race formats may also be introduced.

6. a) Entries must be made by the ISU Members in accordance with criteria confirmed in the appropriate ISU Communication.

b) If a Skater is not able to start on the first day of the Competition and/or in the first race of a distance due to illness/injury after the names have been officially presented to the Competitors Steward in accordance with Rule 295, paragraph 4 f), that Skater may be replaced by another entered Skater of the ISU Member concerned. The Competitors Steward may change the make-up of the races according to the seeding procedure, Rule 296.

c) In cases when a Competitor withdraws after the names have officially been presented to the Competitors Steward in accordance with Rule 295, paragraph 4 f), this Competitor is not allowed to be entered again.

d) Minimum qualifying times are required for entry in World Cup Competitions. The required qualifying times, the qualifying period, the category of competitions and other conditions under which the times must have been achieved, are decided by the Short Track Speed Skating Technical Committee and will be announced in an ISU Communication.

Members entering participants must provide the documentation requested in this ISU Communication of the qualifying times achieved by each Competitor. This documentation must be submitted to the ISU Secretariat at the latest two (2) weeks before the Competition. The Representative of the Technical Committee will decide if the qualifying criteria has been respected and if the entry can be accepted.

7. Classifications at each World Cup Competition:

a) At each World Cup Competition, the following Classifications (see Rule 295, paragraph 6) will be made:

- Distance Classification 500 m Ladies / Men;
- Distance Classification 1000 m Ladies / Men;
- Distance Classification 1500 m Ladies / Men;
- Distance Classification Relay Ladies / Men;
- Classification Team Competitions.

b) The Distance Classifications over the distances 500, 1000, 1500 meters and Relay will follow the Rules for Distance Classifications (see Rule 295, paragraph 6).

8. World Cup Classifications:

An Overall World Cup Classification will be established at the end of each season, for the individual distances, relay, and other team competitions.

In order to establish those Overall World Cup Classifications, a number of best Results over the respective distance / competition in the season will be taken into consideration. All related details (classification, ranking, points system, tie breaking rules, etc.) will be provided in the World Cup Communication to be issued before the season concerned.

9. World Ranking Lists:

a) For the purpose of making up the first Qualifying Round at any ISU Event the following World Ranking Lists shall be maintained over all individual and Relay Distances:

- World Ranking List 500 m Ladies / Men;
- World Ranking List 1000 m Ladies / Men;
- World Ranking List 1500 m Ladies / Men;
- World Ranking List Overall Ladies / Men;
- World Ranking List Relay Ladies / Men.

b) For the World Ranking Lists the number of results that will count is equal to the number of times the distance is scheduled for the current season. The

points scored during this number of most recent competitions over the distance are added but the two (2) worst results are ignored.

c) In the case of a tie in a World Ranking List the most recent result in any of the above-mentioned results (paragraph 9 b) will decide the final order of ranking. If the tie persists, subsequent results will be used to determine the order of ranking. If the tie further persists, the best time from the specified results (paragraph 9 b) will be taken.

d) The Overall World Ranking List is based on the highest Rank in any of the World Ranking Lists over 500, 1000 and 1500 meters. In the case of a tie the highest Rank in one of the other two World Ranking Lists shall be taken. If the tie persists after taking the World Ranking Lists over 500, 1000 and 1500 meters into account then a draw will be held by the Competitors Steward to decide the order in which the Skaters will be seeded.

10. These current World Cup Classifications as specified shall be circulated by the Short Track Speed Skating Technical Committee each time results of World Cup Competitions are received. The World Cup Classifications commence with the first World Cup Competition each season and then maintained throughout the series of World Cup Competitions. The Classifications will be concluded with final standings after the last World Cup Competition.

H. Competitions

Rule 287

Competitions

1. In addition to the distances 500m, 1000m, 1500m, 3000m, 3000m Relay and 5000m Relay, International Competitions may also include races held over shorter or longer distances and possibly with a different number of participants per race. In Short Track Speed Skating, the following races and/or competitions can be held additionally:

- Mixed Team competition
- Team competition
- Points races
- Elimination races
- Combined Points races
- Pursuit races
- Team Madison Relay races
- Nations Trophy Short Track Speed Skating
- Win & Out races.

2. For details see the respective ISU Communication.

3. The Global Club Competition can be organized biannually under the responsibility of the Short Track Speed Skating Technical Committee. Basic

principle of the Competition is one overall club classification so that only a club can win this Competition. Every club affiliated to an ISU Member is eligible to participate. Conditions of contest, entries, additional rules and details are published in the Announcement.

4. Novelty formats at International Competitions

For modifications of a technical nature and new methods/systems with respect to the Special Regulations and Technical Rules, the provisions of Rule 104, paragraph 11.b) apply.

I. Officials and their duties

Rule 288

Representative of the Technical Committee

1. The Representative of the Short Track Speed Skating Technical Committee will be present at the ISU Event and check all technical matters concerning the condition, adequacy and scheduling for use of all skating facilities used in connection with the ISU Event. The Representative of the Short Track Speed Skating Technical Committee will closely observe the work of the Officials without interfering with their duties under these rules, and be in charge of a daily Review Meeting with the Officials. In addition, as necessary, he will act as a liaison between the Referee and the organizers.
2. The Representative of the Short Track Speed Skating Technical Committee must not be an Official or member of the ISU Member organizing the particular ISU Event.
3. The Representative of the Short Track Speed Skating Technical Committee shall not also serve as a Referee, Assistant Referee, Starter or Competitors Steward in the same ISU Event except in an emergency.
4. The Representative of the Short Track Speed Skating Technical Committee or his Assistant must be present from the beginning of the official training for all Competitors.
5. The Representative of the Short Track Speed Skating Technical Committee shall conduct inquiries during a competition regarding any omissions or failure to observe the regulations with the Officials and/or organizers concerned.
6. The Representative of the Short Track Speed Skating Technical Committee shall submit a written report to the Technical Committee regarding his observations.

7. The Chair of the Short Track Speed Skating Technical Committee shall conduct inquiries regarding any reported omissions or failure to observe the regulations.

Rule 289

Nomination and Appointment of Officials

Nomination of Officials

1. a) Every ISU Member may submit applications of named individuals within their Association qualified to serve as Referees, Starters and Competitors Stewards at International Competitions to the ISU Director General.

b) These completed applications may be made at any time during the year.

c) Once an individual is approved by the Short Track Speed Skating Technical Committee and placed on the International List, that individual shall remain on the list and does not require re-nomination annually.

d) Removal from the List of International Referees, Starters and Competitors Stewards shall occur only if:

- a written resignation, signed by the individual concerned, is received from the ISU Member announcing the individual's retirement, or
- the Short Track Speed Skating Technical Committee removes the individual from the List as the result of an imposed penalty, or a written request, with reasoning, is received from the ISU Member concerned.

e) To qualify as an International Official the individual shall have at least the following experience at competitions and courses conducted in accordance with ISU Regulations. The ISU Member is responsible to check the following requirements and must confirm in writing to the Short Track Speed Skating Technical Committee:

- Served at two (2) National Championships in the position being nominated for;
- Attended at least one (1) Officials Course conducted by the ISU Member within the past thirty-six (36) months;
- Served as an Official in any capacity at an International Competition in the past thirty-six (36) months.

f) For each of the International Officials, proof of their activities as an Official in Short Track Speed Skating Competitions during the preceding three (3) years must be submitted on an annual basis to the Short Track Speed Skating Technical Committee. In the case of non-compliance the Short Track Speed Skating Technical Committee may remove the Official from the List.

2. These Officials should in general have the nationality of the country of the ISU Member nominating them.

3. If an Official is of a foreign nationality, he can be accepted only with the approval of the ISU Member of the country of which he is a national. The name of this Official is to be entered in the list of the nominating ISU Member. An official so nominated is counted in the quota of the nominating ISU Member.

4. ISU Members should exercise the utmost care to nominate as Referees, Starters, and Competitors Stewards only fully experienced, reliable and entirely impartial individuals who possess a thorough knowledge of the appropriate ISU Rules and fluent ability in the English language.

5. a) Among the nominated International Referees, Starters and Competitors Stewards, for each season, the Short Track Speed Skating Technical Committee shall recognize a maximum of thirty-five (35) individuals who shall officiate as Referees or Assistant Referees, a maximum of twenty (20) individuals who shall officiate as Starters and a maximum of twenty (20) individuals who shall act as Competitors Stewards in ISU Events and the Olympic Winter Games.

b) The Technical Committee will record all activities of these Officials and maintain a Database of Officials.

c) The Short Track Speed Skating Technical Committee may mark individuals on the List of ISU Officials with an "A" indicating that they may only officiate in an assisting capacity at ISU Events.

d) The Short Track Speed Skating Technical Committee may mark individuals on the List of ISU Referees with a "V" indicating that they are specialized on Video Replay.

e) The Short Track Speed Skating Technical Committee may mark individuals on the List of International Officials with a "W" indicating that they may officiate at World Cups also.

6. a) To be considered as ISU Referees, ISU Starters and ISU Competitors Stewards, those individuals on the International list shall have at least fulfilled the following requirements:

- Served in his nominated category at least twice at International Competitions during the past thirty-six (36) months;
- Have satisfactory reports from Referees at these International Competitions;
- Attended an ISU course for International Officials within the past thirty-six (36) months;
- For Referees: have passed the appropriate examination during the past thirty-six (36) months;
- Must have been listed on the respective List of International Officials for at least two (2) consecutive years with a "W" indication, immediately prior to a promotion to the List of ISU Officials.

b) To be reconsidered as an ISU Official the individual shall maintain the following qualifications:

- Attend the ISU course for Officials conducted by the Short Track Speed Skating Technical Committee, if the course will be held following a Congress. The date and venue of such a course shall be communicated six (6) months in advance;
- Submit a report to the Short Track Speed Skating Technical Committee each time the individual serves as a Referee;
- Successfully completed the appropriate examination(s) within the past twenty-four (24) months.

c) No person who has reached the age of seventy (70) years shall after the following July 1st be eligible to be a Referee, Starter or Competitors Steward in ISU Events, Olympic Winter Games and Youth Olympic Winter Games. ISU Officials (Referees, Starters and Competitors Stewards) who have reached this age will be listed as International Referee, Starter or Competitors Steward with a "S" indicating they have a Senior status.

d) The full List of ISU Referees, Starters and Competitors Stewards recognized by the Short Track Speed Skating Technical Committee in accordance with Rule 289, paragraph 5.a) and the List of International Referees, Starters and Competitors Stewards approved by the Short Track Speed Skating Technical Committee shall be communicated to the ISU Members by the ISU Director General by August 1st every year.

Appointment of Officials

7. a) The Officials are appointed in accordance with Rule 126, paragraphs 9 and 10 for the Olympic Winter Games and in accordance with Rule 129, paragraph 4 for the ISU Championships. The Referee, the Assistant Referee Video, at least one but possibly several or all Assistant Referees, Starters and Competitors Stewards for each World Cup Competition shall be appointed by the President;

b) Appointed Officials must be invited by the organizing ISU Member not less than sixty (60) days before the start of the respective Competition.

c) At least three (3) qualified Officials, from other ISU Members than the ISU Member of the country in which the Competition is held, shall be among those appointed.

d) During ISU Events the maximum number of Officials (Referees, Starters and Competitors Stewards) per country that can officiate at the same time is four (4). In each category not more than half of the Officials can be of the same country.

e) For ISU Events and the Olympic Winter Games all Officials required (other than the Representative of Short Track Speed Skating Technical Committee and the Technical Delegate), not appointed by the President, shall be appointed by the ISU Member in which the Competition is held.

f) For ISU Events and the Olympic Winter Games all Referees, Starters and Competitors Stewards must be selected from the current List of ISU Officials.

8. All activities of Officials shall be observed by the Short Track Speed Skating Technical Committee. In case of failure to comply with or observe a rule the Official will be subjected to a system for recommendation of sanctions and penalties. See the respective ISU Communication.

Rule 290

Officials necessary

1. a) For ISU Events and the Olympic Winter Games where ISU approved Video Replay services are available the following Officials are appointed by the President, subject to Rule 289 paragraph 7:

- Referee and three (3) Assistant Referees. At least one of the Assistant Referees will be assigned to the Video Replay System. An Assistant Referee Video may be assigned as 1st Assistant Referee;
- Two (2) Starters (one per Category);
- Two (2) Competitors Stewards.

The following Officials are appointed by the Organizers: Heat Box Steward, Photo Finish Judge, Lap Scorer, Lap Recorder, Announcer and Track Stewards. However for ISU Events, the Heat Box Steward and the Announcer must be approved by the Representative of the ISU Technical Committee and for the Olympic Winter Games by the ISU Technical Delegates.

b) For ISU Events where ISU approved Video Replay services are not available the following officials are appointed by the President, subject to Rule 289 paragraph 7: Referee, four (4) Assistant Referees, Starter per Category, two (2) Competitors Stewards. The following Officials are appointed by the Organizers: Heat Box Steward, Photo Finish Judge, Lap Scorer, Lap Recorder, Announcer and Track Stewards.

c) For International Competitions with Photo Finish Equipment the following Officials are appointed by the Organizers: Referee, four (4) Assistant Referees, Starter(s), Competitors Steward(s), Heat Box Steward, Photo Finish Judge, Lap Scorer, Lap Recorder, Announcer and Track Stewards.

d) For International Competitions without Photo Finish Equipment the following Officials are appointed by the Organizers: Referee, four (4) Assistant Referees, Starter(s), Competitors Steward(s), Heat Box Steward, Chief Finish Line Judge, Finish Line Judges, Chief Timekeeper, Timekeepers, Lap Scorer, Lap Recorder, Announcer and Track Stewards.

Medical

2. A Medical Doctor and First Aid attendants must be in attendance.

Referee

3. The Referee shall be the chief executive officer, and shall decide all points of dispute and infringements of rules, which can result in sanctions. His decision shall be final (see Rules 123 and 124 about protests and appeals).

4. The Referee is responsible for:

a) Deciding the program and qualifying procedure in consultation with the Competitors Steward and the Representative of the Short Track Speed Skating Technical Committee;

b) Seeing that all applicable rules be observed for the competition he is conducting;

c) Giving information as to the preparation of the ice;

d) Reporting within thirty (30) days to the Short Track Speed Skating Technical Committee on the officiating at the Competition using the Report for ISU Events or the Report for International Competitions;

e) Conducting a Competition review meeting with all major Officials to evaluate all decisions and activities.

5. The Referee is empowered to:

a) Introduce alteration in the program in agreement with the ISU Representative and the Short Track Speed Skating Technical Committee Representative, in so far as these do not conflict with the Regulations;

b) Decide whether the conditions of the rink permits the holding of the Competition;

c) Accept, in agreement with the organizing ISU Member or affiliated club, another rink for the holding of the Competition;

d) If necessary, to exclude Skaters, coaches, Team leaders and other Team officials from the competition;

e) Remove the Starter, Competitors Steward or other Officials;

f) Suspend skating until order is restored when the public interrupts the competition or interferes with its orderly conduct;

g) Delegate tasks to other Officials in order to assist him to carry his duties. In the case of Relay Races the Referee may assign other attending Officials listed on the List of International Referees, Starters and Competitors Stewards to also assist him;

h) Add a Skater to the next round, when the Skater was in a position that would qualify him directly, i.e. without the time deciding, if he considers that the Skater was prevented from qualifying due to any reason not resulting from any direct or indirect action of the Skater concerned.

The Referee makes these advancements solely at his discretion;

i) The Referee, at his discretion or when called upon by the Assistant Referee Video, before a decision is made, may view the Video Replay System at full speed, slow motion or still picture, with the exception of matters concerning

the detection of false starts. When the Referee decides to view the Video Replay system due to a possible infringement and a penalty is awarded, then the video footage concerning the infringement will also be shown on the screen in the stadium (if technically possible).

6. The Referee decides upon:

a) All protests made, and other matters in dispute, except those concerning the start (Rule 298), the make-up of races (Rule 296) and the order of finish (paragraphs 12 and 13). Protests must be made to the Referee. All discussions concerning a protest will be held in private. All applicable paragraphs of Rule 123 shall apply;

b) All matters concerning any breaches of the Constitution and Regulations of the ISU, even though no protest has been made;

c) The Referee shall decide when a touch has been "obvious" in Relay racing and should observe all relaying for this particular purpose, with the assistance of the Assistant Referees.

Assistant Referee

7. a) The Assistant Referee appointed by the President as 1st Assistant will substitute in case the Referee is no longer able to do his job due to illness or injury.

b) The Assistant Referee(s) shall perform all duties and tasks as assigned by the Referee.

c) The Assistant Referee(s) must record their observations either electronically (Race Report System) or in written form. In the case of the written form the observations must be reported verbally after each race and the written documentation must be submitted to the Referee after each Round.

Assistant Referee Video

8. a) Shall be located off the ice next to the Video Replay Operator;

b) Shall perform all duties and tasks as assigned by the Referee;

c) Shall observe the Video Replay System during all races and report his observations to the Referee;

d) Must record his observations and must present the notes immediately after each Qualifying Round to the Referee.

Starter

9. a) For ISU Championships and Olympic Winter Games a Starter shall be assigned per category. Changes can only be made by the Referee in consultation with the Representative of the Technical Committee or Technical Delegate.

b) The Starters are in control of the starting procedure. The Starter assigned to the respective category gives the verbal commands of the starts and announces the decisions in English. Both Starters have the authority to recall a start. The Starters will agree on how to call infringements of the Starting rule.

c) The Starter shall take his position, so that he has a clear view of all Skaters starting in the race.

d) In the Relay race, the Starter having been warned by the lap scorer, will fire the Starting Gun signifying the last three (3) laps.

e) The Starter may designate another Starter to call the Skaters back in case of a false start.

Competitors Steward

10. a) The Competitors Steward is responsible for the coordination of all administrative matters and shall observe Rule 296 completely.

b) The Competitors Steward shall check the eligibility of Skaters.

c) Based on the results of the races the Competitors Steward shall, according to the official program, determine the Skaters taking part in the next Qualifying Round.

d) The Competitors Steward shall make-up the races for each Qualifying Round and draw the order of the races.

e) The Competitors Steward shall inform those Skaters of their qualification and the race in which they shall start.

Heat Box Steward

11. a) The Heat Box Steward shall work in a designated staging area called heat box.

b) The Heat Box Steward shall observe all requirements of Rule 298, paragraph 1.

c) For ISU Events the Heat Box Steward must be listed on the ISU List of Referees for International Competitions.

d) The Heat Box Steward is responsible for checking that the Skaters for the upcoming race are on the ice before closing the entrance to the ice. Any omissions are to be reported to the Referee before the race.

Photo Finish Judge

12. a) The Photo Finish Judge shall read the photo finish. He shall report the order of finish and times of each Competitor to the Competitors Steward or electronic equipment recording the results of each race. The results shall be considered official.

This official may be the person operating the photo finish equipment described in Rule 280, paragraph 6.

b) For International Competitions photo finish equipment may be used in determining the order of finish of all Skaters.

c) The term photo finish equipment denotes a system that records the order of finish in such a way that it can be reproduced immediately after the race concerned. The equipment must be able to reproduce a clear and undistorted photo of the finish of each race.

d) If the photo finish equipment is able to produce a time scale on the finish photo, the times read of this scale be taken as official times.

e) If it is not possible to record times with the photo finish equipment then electronic time keeping equipment, according to Rule 251, may be used to record the times of all Skaters.

Chief Finish Line Judge and Finish Line Judges

13. For International Competitions without photo finish equipment:

a) The official order of finish is determined by the Chief Finish Line Judge;

b) The order of all finishers shall be recorded;

c) The Chief Line Judge shall assign finish positions to the Finish Line Judges. The Chief Finish Line Judge shall pick first place only;

d) There shall be four (4) Finish Line Judges: Judge No. 1 picks Skaters 1st and 2nd; Judge No. 2 picks Skaters 2nd and 3rd; Judge No. 3 picks Skaters 3rd and 4th; and Judge No. 4 picks Skaters 4th and 5th;

e) In case of six or more Skaters, the Starter or his Assistant shall act as Judge No. 5 and pick 6th place only;

f) In the 3000 meters and relay races the Finish Line Judges will be assigned to a Skater or Team and record the number of laps skated and the place on the finish.

Chief Timekeeper and Timekeepers

14. For International Competitions without photo-finish equipment:

a) The Chief Timekeeper is responsible for the recording of times and shall comply with all sections of Rules 247 and 250 that apply to Short Track Speed Skating;

b) The Chief Timekeeper will ensure that he and the timekeepers are positioned off the ice and adjacent to the finish line necessary to record the accurate time of the Skaters;

c) When digital watches are used, the times will be recorded in hundredths of a second;

d) The Chief Timekeeper must read each watch, record the results, and declare the official time. He will warn the timekeepers not to clear their watches until he has ordered them to do so;

e) A minimum of two (2) Timekeepers plus one (1) reserve on first and second place and one (1) timekeeper on third position is required;

- f) They will also pretest their watches in accordance with standard procedures;
- g) The Timekeepers must not clear their watches until such time as they have been instructed by the Chief Timekeeper;
- h) Timekeepers should not call out their times but if requested by the chief timekeeper show their watch.

Lap Scorer

- 15. a) The Lap Scorer shall visibly show the number of laps still to be skated by the leading Skater at all times and he will turn the lap-board each time the leading Skater passes.
- b) The Lap Scorer will ring the bell to signify the last lap of each race.
- c) In Relay races the Lap Scorer will advise the Starter that the last three (3) laps are coming up.
- d) In Relay races a Lap Scorer shall be assigned to each Team.

Lap Recorder

- 16. a) The Lap Recorder shall complete a lap by lap record in writing of the lap times of the leading Skater with an accuracy of one second or less and keep check on the Lap Scorer at all times.
- b) The Lap Recorder shall be positioned off the ice but near the Lap Scorer.

Announcer

17. The Announcer will keep the spectators fully informed throughout the competition. In addition, if requested by the Referee, he will announce sanctions specifying where and how the Skater(s) concerned made an infringement and whether there is an advancement.

The Announcer shall also ensure that all Officials, Team leaders, Coaches and Skaters are kept fully informed by public announcements regarding competition details.

All announcements are in English. If applicable the same announcements may be made in a second language.

Track Stewards

18. A minimum of two (2) Track Stewards shall work at each end of the track. The Track Stewards must be experienced Skaters and have knowledge of the English language and have an understanding of the Short Track Speed Skating Rules. If possible the Track Steward should be positioned so that he will not interfere with the Skaters and Officials but can readily replace missing blocks.

On-ice Officials

19. a) Only the Referee, Assistant Referee(s) and Track Stewards may be on the ice during the running of the race.
- b) On-ice Officials should be appropriately dressed and must wear speed skates and may wear approved safety helmets.
- c) Only with the permission of the Referee other Officials may be on the ice during a race, i. e. to operate equipment if necessary.
- d) At ISU Events, Olympic Winter Games and Winter Youth Olympic Games the Referee and his Assistants shall use radio equipment and the ISU Race Report System (RRS) to communicate their observations provided this equipment is protected against third party intrusion.

Rule 291

Equipment of Skaters

1. In ISU Events and the Olympic Winter Games, all Skaters must be and in International Competitions should be equipped with:
 - a) Safety type helmet that is in compliance with the current ASTM standard (American Society for Testing and Materials) or other standard approved helmets by the ISU for Short Track Speed Skating. The helmets must have a regular shape and may not have protrusions;
 - b) Cut resistant gloves or mitts. For ISU Events, Olympic Winter Games and Youth Olympic Winter Games the gloves or mitts must be predominantly white;
 - c) Shin protection;
 - d) Long sleeved and long legged clothing;
 - e) Padded or padded hard shell knee protection;
 - f) All speed skates must have the tubes closed and the blade ends must be rounded off, with a minimum radius of 10 mm. Blades must be fixed to the boot at a minimum of two (2) points with no moveable parts;
 - g) Neck protection of cut-resistant nature, fully covering the neck.
2. Each Skater is solely responsible that his personal equipment meets the highest safety criteria in order to obtain the utmost safety of the Skaters.
3. Further specification concerning the equipment described in paragraph 1), which may include enforcement of a world-wide accepted industry standard, may be issued by the ISU and shall then be announced in an ISU Communication or ISU Circular Letter.
4. The Heat Box Steward in the heat box shall determine whether a Skater has respected the safety conditions, so that they can start a race. Skaters whose

equipment is not in compliance with these rules shall be excluded from participation.

5. A Skater who removes his equipment before the end of the race shall receive a penalty. The loss of equipment beyond the control of the Skater, i.e. due to a fall, will not result in a penalty.

6. While competing, the Skater is not allowed to wear any technical communication equipment for the purpose of having contact with or receive information from other persons or sources. In case of violation the Skater shall receive a penalty.

7. Only with the approval of the ISU a system using signals from a transmitter or similar equipment, worn by the Skaters may be used at ISU Events to record information for the public, media and officials. The equipment must be worn as instructed. Failure to do so will result in a penalty.

Rule 292

World Records

1. a) World Records will be registered by the ISU. The ISU Council will only recognize as World Records times skated in ISU Events (ISU Championships, ISU World Cup Competitions and other Events specifically designated "ISU" by the ISU as well as the Olympic Winter Games for the following distances and under the following conditions:

- For Ladies over distances of 500, 1000, 1500 and 3000 meters;
- For Men over distances of 500, 1000, 1500 and 3000 meters;
- For Junior Ladies over distances of 500, 1000 and 1500 meters;
- For Junior Men over distances of 500, 1000 and 1500 meters;
- For Ladies Teams over distances of 3000 meters Relay;
- For Men Teams over distances of 5000 meters Relay;
- For Junior Ladies Teams over distances of 3000 meters Relay;
- For Junior Men Teams over distances of 3000 meters Relay.

b) World Records will be considered in thousands of seconds provided such times have been established:

- on an official ISU track as listed in Rule 280, paragraph 1;
- that photo finish and/or electronic timing has been used, proved by original outputs of the respective equipment;
- an ISU Referee and Starter are officiating;
- that lap record times were duly recorded for distance of 1500 meters or over;
- that the distances skated and the starting times were in accordance with the announcement;

- that the original official ISU Protocol of the competition, together with certificates regarding the watches and track and a program of the competition are available.
- c) Junior World Records can only be accepted provided these times have been established in a competition open only to Juniors.
- d) If the existing World Record is broken more than once on the same distance in a competition only the best time obtained shall be considered as a World Record.
 - e) For individual distances the Skater who achieves a World Record result, must have been selected for doping control on the day of the race and have tested negative in order for the World Record to be ratified.
 - f) For Team/Relay competitions a minimum of 2 Skaters per team must have been selected for doping control on the day of the race and have tested negative in order for the World Record to be ratified.
 - g) If the existing World Record is broken more than once on the same day in Competitions at the same venue, the top two Skaters or top two Teams achieving a World Record result must have been selected for doping control on the day of the race.
 - h) Any Competitor who equals an existing World Record shall have his name entered in the list of records.
 - i) For each record obtained, or the equaling of any record, the ISU shall issue a diploma to the Skater.
 - j) All respective documents must be submitted by the organizing committee to the ISU Director General within thirty (30) days following the competition.

Rule 293 reserved.

II. TECHNICAL RULES SHORT TRACK SPEED SKATING

C. Races

Rule 294

Type of races

1. Short Track Speed Skating competitions consist of races with mass start:
 - a) Individual races;
 - b) Relay races;
 - c) Team races.

Relay races and Team races may be organized as Mixed Gender Competitions.

2. Other format of races such as Pursuit and Team Pursuit are also possible.

3. For World Cup Competitions and International Competitions, a selected number of Skaters may be prequalified for the Main Program based on their World Ranking.

4. For ISU Events, the Olympic Winter Games and the Winter Youth Olympic Games progression on each distance from first round to the Finals will be by elimination.

5. For Ranking Finals at ISU Championships and for International Competitions, an All Finals system may be used, in which all Skaters qualify for final races in different levels.

D. Definitions

Rule 295

General conditions/Definitions

1.
 - a) Race: See ISU Constitution Article 39;
 - b) Qualifying Rounds: See ISU Constitution Article 39;
 - c) Ranking Finals: One (1) Round to determine the Ranking of Skaters excluded in the elimination process;
 - d) Competition: See ISU Constitution Article 39;
 - e) Coach/Team leader/Support staff: Eligible persons appointed by the respective ISU Member to support and represent the Skater/Team of the Member;
 - f) The "Field of Play" during Short Track Speed Skating competitions are the ice surface, the immediate surroundings, Heat Box, Coaches Box, Officials restricted area and any other so designated areas;

- g) During each Qualifying Round there shall be allowed only one person per participating Skater in the designated coaching area. When needed a Team Official (technician) may enter the Coaches Box to repair equipment of a Skater.

Program

2. a) Individual races are held over 500, 1000, 1500 and 3000 meters. With approval of the Technical Committee or the Council, races may also be held over other distances.

b) The distances are as follows:

Short distances: 500 and 1000 meters;

Long distances: 1500 and 3000 meters;

For Mixed Gender Team competitions: 4 laps, 7 laps, 10 laps or other distances as specified in an ISU Communication;

c) Relay races will be held as follows:

Ladies 3000 meters;

Men 5000 meters;

Mixed Gender 2000 meters or other distances as specified in an ISU Communication.

For International Competitions Relay races for Men may also be held over 3000 meters.

d) Names of the Qualifying Rounds depend on the number of rounds and will be:

1: Final(s);

2: Semi-Finals, Final(s);

3: Quarter-Finals, Semi-Finals, Final(s);

4: Heats, Quarter-Finals, Semi-Finals, Final(s);

5: Preliminaries, Heats, Quarter-Finals, Semi-Finals, Final(s);

6: Pre-preliminaries, Preliminaries, Heats, Quarter-Finals, Semi-Finals, Final(s);

7: Pre-preliminaries, Preliminaries, Heats, Eight-finals, Quarter-Finals, Semi-Finals, Final(s).

e) The number of Skaters per race at ISU Events is limited and must be scheduled as follows:

	500 m	1000 m	1500 m
Quarter-Finals	5	5	
Semi-Finals	<u>5</u>	5	7
Finals	4	<u>5</u>	<u>7</u>

The number of Skaters per race at the Olympic Winter Games is limited and is scheduled as follows:

	500 m	1000 m	1500 m
Quarter-Finals	4	4	
Semi-Finals	4	4	6
Finals	4	4	6

f) Exceptions:

- See Rule 290, paragraph 5;
- See Rule 281, paragraph 4;
- See Rule 285, paragraph 4, for the 3000 meters Super-Final.

These Super-Finals are non-medal races:

- For competitions held according to Rule 287 other numbers of Skaters per Race may be used;
- If the Quarter Finals or Semi Finals are the first round of the competition, then different numbers of Skaters per race may be used.

g) Race winners and second placed Skaters in the races will qualify to move forward to the next round.

Skaters who were impeded, for which another Skater received a penalty, a yellow card or a red card, and at the moment of the infringement were in one of these direct qualifying positions, will be advanced to the next round.

In the case that Race winners, second placed Skaters and advanced Skaters do not fill up to the scheduled number of Skaters in the next round, fastest thirds may be added to the next round. In exceptional cases, the number of Skaters directly qualifying to the next round may be different from the two best placed Skaters. In those cases, the fastest skaters in the next finishing position may be added to the next round.

h) For World Cup Competitions, Skaters may also qualify through a repechage process.

i) For the Finals A and B, Skaters qualify from the Semi-Finals according to Rule 295, paragraph 2.

j) Depending on the number of entries for World Cup Competitions it is also possible that during the Qualifying and Repechage Sessions only race winners will move forward to the next round. The fastest seconds may be used if there is an odd number of Competitors.

k) For ISU Events, Olympic Winter Games and Winter Youth Olympic Games a Final B with one (1) Skater/Relay Team will not be skated and the qualified Skater/Relay Team will be assigned the corresponding rank and points.

l) During World Cup Competitions the Host Country may enter one (1) Skater, subject to approval by the Technical Committee, on each of the individual distances in each category in the World Cup session, except during World Cup Competitions designated for Olympic Qualification.

m) Competitors shall be allowed a minimum rest of fifteen (15) minutes between races.

n) If the track markers are not placed on corresponding tracks, the times from the respective race shall not be recorded, and if fastest third place Skaters

qualify from the respective round the Skater(s) concerned shall be advanced and the regular qualifying number of fastest thirds will be taken from the remaining third place finishers.

Announcement

3. a) For the Announcement of ISU Events see Rule 129, for International Competitions see Rule 110 and for Olympic Winter Games see Rule 126. The announcement should also contain supplementary items, see Rule 112.
- b) The conditions of contest shall be set out in the published program.

Entries

4. a) Entries for ISU Events can be made only through the respective ISU Members.
- b) ENTRIES: The number of Competitors, substitutes, coaches and Team leaders shall be entered at least six (6) weeks before the first day of the Competition. The number of other personnel travelling with the Team shall also be communicated separately at least six (6) weeks before the ISU Event concerned. ISU Members are seriously requested to enter only the number of Skaters they actually intend to send to the ISU Event concerned.
- c) FINAL ENTRIES: At the latest on the fifth (5th) day before the start of the first race of the Competition the following information must be communicated to the organizing committee:
- Names of the Competitors and substitute names per category with their International Registration Numbers;
 - Names of the Competitors for each of the respective individual distances, if applicable;
 - Confirmation of participation in the Relay, if applicable.
- d) The date and time of arrival and departure of competitors and those accompanying them shall be included when sending in the Final Entries.
- e) For post entries Rule 115, paragraph 6 of the General Regulations applies.
- f) The names of the Competitors for each of the respective individual distances, if applicable, shall be communicated to the Competitors Steward at the latest at 18:00 hours in the evening two (2) days before the start of the first race of the Competition.
- g) The Seeding list of Participants in order of their Ranking, fastest Time (see Rule 286, paragraph 9 a), b) and c) or Results of a Draw (see Rule 286, paragraph 9 d) shall be published at the latest at 15h00 on the day before the start of the first race of the Competition.
- h) Any comments regarding the Seeding list of Participants, Qualifying Schedule and other distributed official documents can be addressed to the Competitors Steward up to 18h00 hours on the day before the start of the first

race of the Competition.

i) The Make-up of the Races will be published three (3) hours before the start of the first race of the respective distance/category.

j) Competitors must be present at the site of the ISU Event at 18:00 hours on the day before the start of the first race of the Competition, or the Organizing Committee must confirm their arrival in the city of the ISU Event concerned.

k) Any financial requirements imposed by the Organizing Committee for making on-site arrangements shall be communicated in the Announcement.

Points and classifications

5. a) Final Points will be awarded in the Finals A and B only. The points 34, 21, 13, 8, 5, 3, 2 and 1 are awarded in descending order commencing with the first place in Final A and after all places in Final A have been awarded, the remaining points will be awarded to the Final B in descending order starting with the first place.

b) In the case of a penalty or did not finish in the Final A, the Skater(s) concerned will be awarded a number of points equal to the winner of the Final B. In the case of a penalty in the Final B, the Skater(s) concerned will not be awarded any points.

c) No points will be awarded to Skater(s) who did not start, received a yellow card or received a red card.

d) In the case of a tie, all Skaters involved in a tie will receive the points awarded for that finish position (e.g. tie on 2nd both Skaters will receive 21 points). If two (2) Skaters are involved in a tie, the points for the following finish place will not be awarded, in the case of three (3) Skaters involved, the following two (2) finish places will not be awarded.

6. For each distance a classification will be made in which the participants are ranked:

- by block;
 - for Olympic Winter Games: Finalists, Semi-Finalists, Quarter-Finalists, etc;
 - for ISU Events: Final A, Final B, Semi-Finalists, Quarter-Finalists, etc.;
- for all other events: following the Qualification Schedule;
- by position (finish place) within the respective block;
- by position (finish place) within the subsequent previous Qualifying Rounds;
- by best time skated in any race over the distance;
- further ties will not be broken for completed Distance Classifications.

For any intermediate Distance classifications:

- in the case of equal times over the distance, a draw will take place to establish the order;

- in the case where there are no time(s) available, a draw will take place for the respective Skaters/Teams to determine their rank in comparison to the others with the same position (finish place).

7. For the Super-Final over 3000m, the classification will be made as follows:
With nineteen (19) laps to go, there will be a bell, the first Skater crossing the line with eighteen (18) laps to go will get five (5) Race Points;

With ten (10) laps to go, there will be a bell, the first Skater crossing the line with nine (9) laps to go will get five (5) Race Points;

If the Skater(s) concerned receive(s) a penalty, a yellow card, a red card, or does not finish, then those Race Points are not awarded to any other Skater(s);

At the finish 34, 21, 13, 8, 5, 3, 2 and 1 Race Points are awarded in descending order commencing with the first place;

The Race Points for intermediary sprints and the Race Points for finish order will be added to make the 3000m classification.

For the 3000m Super-Final Distance Classification the Skaters will be ranked:

- by Race Points
- by Finish position.

Final Points will be awarded according to the 3000m Super-Final Distance Classification. The Points 34, 21, 13, 8, 5, 3, 2 and 1 point are awarded in descending order commencing with the first place.

8. a) Skaters or Relay Teams who:

- failed to finish in the first qualifying round,
- were not withdrawn but did not start in the respective Ranking Final,
- received a penalty in the first qualifying round,
- received a Yellow Card in any qualifying round,
- received a Red Card in any qualifying round,
- did not start in the first qualifying round

will not be ranked, but listed as participants at the bottom of the Classification in the above order.

b) Skaters or Relay Teams excluded from an overall classification will be listed as participants at the bottom of the Overall Classification taking the above order and the principles of an Overall Classification into account.

9. For the Final Classification (and any intermediate overall classification) the Skaters are ranked:

- by total number of Final Points;
- by position (finish place) in the Super Final;
- by combined ranking over all Distance Classifications;
- by the highest ranking achieved in one of the distances and subsequent other best rankings;
- by best time over the longest distance on the program.

10. For the purpose of making up the first Qualifying Round at any ISU Event, World Ranking Lists shall be maintained over all individual distances, Relay distances and Mixed Gender Relay distances. See Rule 286, paragraph 9.

11. a) Teams consist of four (4) or five (5) Skaters, which are all considered as participants. During any Relay race in a competition, a maximum of four (4) shall compete. Entries of Teams with less than Four (4) or more than five (5) Skaters shall not be accepted. Before the start of any Relay race the names of those competing must be submitted to the Competitors Steward. In the case of a restart or rerun of the Relay race, a substitution within the team can be made.

b) The names of substitutes corresponding with the number of ordinary entries may be entered.

c) All Skaters of a Team must belong to one and the same ISU Member. At specified competitions, Teams may be composed by Skaters from different ISU Members with the approval of the ISU.

Uniforms

12. During ISU Events and the Olympic Winter Games all Skaters, members of the same national Team (Individual and Relay) must wear identical uniforms. The racing uniforms shall show on the external part of both lower legs the name of the country or the official abbreviation. The size of the characters must not be smaller than 5 cm high. The racing uniforms and the warming-up uniforms may show the name of the Skater. See the respective ISU Communication.

Helmet-Covers

13. a) Helmet-covers, supplied by the ISU or Organizers of ISU Events and the Olympic Winter Games, clearly mentioning the Skaters number in contrasting colors, must be worn; Helmet-covers used at ISU Events must be approved by the ISU Technical Committee Representative.

If no helmet-covers are supplied the Skaters may display artistic design on their helmets. Further requirements will be specified in an ISU Communication.

b) After each distance of an ISU Championship the organizers will supply to the Skater having attained the highest total of Final Points a helmet cover with a contrasting color. If a tie exists then the Skater with the higher rank (see Rule 295, paragraph 9) will carry this special helmet cover.

Rule 296

Drawing and seeding procedures

1. A draw shall take place to establish the starting order of each race.
2. For ISU Events and the Olympic Winter Games the composition of the first Qualifying Round of all distances, both Individual and Relay, is made up by the Competitors Steward in consultation with the Referee and the Representative of the Short Track Speed Skating Technical Committee in accordance with the respective World Ranking List (see Rule 286).
3. a) The composition of the races in each Qualifying Round is based on a Seeding List of all Skaters.
b) For each distance, the current World Ranking List will be used as Seeding List for the first Qualifying Round.
c) Skaters without a World Ranking will be placed on the Seeding List after the Skater with a World Ranking: The best season time over the distances will be used to determine a ranking for the make up of the first round of each of the related distances. These times must be submitted to the ISU Secretariat at the latest two (2) weeks before the Competition. The Representative of the Technical Committee will decide if the times can be accepted. See the respective ISU Communication for further details.
The Skaters who have not submitted times or whose times have been rejected will be given a ranking by means of a draw, conducted by the Competitors Steward.
d) For all other Qualifying Rounds, the current distance classification will be used as Seeding List.
4. The composition of the races in each Qualifying Round shall be made by the Competitors Steward by placing the Skaters in the races by means of the Skaters current ranking in the Seeding List, e.g. the number one (1) ranked Skater will be placed in the first race, the number two (2) ranked Skater will be placed in the second race etc., filling the races from the first race to the last race in the first instance. The second row, i.e. the second Skater in each race, will be filled from the last race to the first race. The next rows will be filled alternating from the first race to the last race, and from the last race to the first race until all Skaters have been placed.
5. Except for Quarter-Finals and Semi-Finals: If any Skater is to be placed in a race which contains a Skater from the same country, that Skater will be moved to the next available race, unless the Skater would be placed in a race on the next row. In that case the Skater will be exchanged with the previously placed Skater, or with his predecessors on the same row, if necessary to avoid placement of Skaters of the same country in a race. If there are no more races

available to move a Skater to, then the Competitors Steward, with the approval of the Referee, may reverse Skaters on a previous line, but only within that line, commencing with the lowest ranked, to solve the matter. Reversing Skaters between lines is not allowed. If the matter cannot be solved then the Skater will be placed in the originally designated race.

6. The Competitors Steward will draw the starting order for all races immediately after the make-up of the round is completed.

7. The composition of the Ranking Finals over each distance is made by the Competitors Stewards by placing the Skaters in the Ranking Finals in the order of the distance classification. The number of Skaters per race is according to the Qualifying Tables published by the Technical Committee.

The highest ranked Skaters will be in the last Ranking Final, the next highest ranked Skaters will be in the second last Ranking Final, etc. Ranking Finals with one (1) Skater will not be skated;

8. The lane positions of the first Qualifying Round of a distance will be drawn by the Competitors Steward.

For each subsequent round the lane positions will not be drawn but be decided by the times skated in the preceding Qualifying Round. The Skaters/Relay Teams will be assigned the lane positions from the inside of the track to the outside in the order of their times commencing with the fastest time, in the following order:

- a) In the case that no time in the previous round is available for a Skater/Relay Team due to failure of technical equipment or incorrect placement of blocks, then the best time in any race in this competition over the distance concerned will be taken to determine the lane position in accordance with sub-paragraph c) below;
- b) If no times are available at all then a draw for lane positions shall take place first for any Skaters/Relay Teams without a time;
- c) Following the Skaters/Relay Teams with a time will be assigned their position according to the times;
- d) In the case that no time in the previous round is available due to being declared finished without a time, the Skater/Relay Team concerned will be assigned a starting position after the preceding Skaters/Relay Teams;
- e) After determining the start positions of the above Skaters, any Skater qualified through a wild card will be placed next;
- f) Skaters who qualified through a Repechage will be assigned a starting position after the preceding Skaters/Relay Teams;
- g) In the case that two (2) or more Skaters/Relay Teams have the same time, then the best time in any race in this competition over the distance concerned will be taken to determine the order in which the respective Skaters/Relay Teams will be assigned a lane position.

E. Racing Rules

Rule 297

Individual racing rules

1. a) Races are run counter-clockwise, that is to say the inner side of the track is on the left-hand side of the Skater/Relay Team.
b) Overtaking is allowed at all times, but until the Skaters/Relay Teams are besides each other the responsibility for any obstruction or collision shall be upon the Skater/Relay Team overtaking, provided the Skater/Relay Team being overtaken does not act improperly.
c) Any Skater/Relay Team who is bound to be lapped, either for the first time or other time, must move to the outside and may not interfere with the Skater(s)/Relay Teams overtaking him/them. Violation with interference will result in a Yellow or Red Card.
d) If a Skater/Relay Team is lapped twice, that Skater/Relay Team shall leave the race unless there are one (1) or more other Skaters/Relay Teams very close to his current race position. Skaters/Relay Teams who have left the race on basis of this rule shall be recorded as not finished. If the Referee, at his discretion, feels that the Skater/Relay Team was prevented from finishing due to reasons beyond the Skaters/Relay Teams control, then the Referee may declare the Skater/Relay Team having reached the finish but no time shall be recorded.
e) A Skater/Relay Team has completed the distance when the Skater has reached the finish line with the leading tip of the skate blade.

Infringements

2. a) The general racing rule is that the Skaters/Relay Teams by their way of skating shall contribute to the honest sporting and safe progress of the race in order to determine the result of the race on its merits.
b) Breaches of the racing rules are considered as follows:
 - OFF-TRACK: skating with one or both skates on the left side of the curve, marked by track marking blocks;
 - IMPEDING: Impeding, blocking, charging, or pushing another Skater with any part of the body. Interfere with another Skater by crossing his/her course thereby causing contact;
 - ASSISTANCE: Each Skater shall compete as an individual. Any assistance from other Skaters will be cause for sanctions of all Skaters/Relay Teams involved. This will not apply to the push the Skater receives from their Team-mate in a Relay race;
 - KICKING OUT: Kicking out of any skate during any part of a race thereby causing danger including at the finish line or throwing the body across the finish line is forbidden.

Relay racing rules

3. a) Teams consist of maximum of the following number of Competitors:
- | | |
|----------------------------|-----------------------------|
| World Championships | 5 |
| World Junior Championships | 4 |
| European Championships | 5 |
| World Cup Competitions | see World Cup Communication |
| All other Competitions | 5 |

For each race any four (4) of the named Skaters must take part in the race.

b) All members of a Team shall be equally dressed. Teams which do not comply with this shall be excluded from participation in the respective race. For Competitions where Skaters from different nations form a team, a simple and easy identification system will be sufficient.

c) A Skater will be in the race and be responsible for the Team until that Skater is relayed by a Team member. Relaying will be by touch, that is to say a Skater will not be in the race until that Skater has been touched by, or has touched the Skater he is relieving.

d) A Skater may be relayed at any time except during the last two (2) laps. These laps must be skated by one Skater. A warning shot will be fired to indicate the start of the last three (3) laps.

e) In the case of a fall during the last two (2) laps, the Skater may be relayed.

f) A Skater from a team can only come on the track to make an exchange. Skaters entering before an exchange and skaters exiting after an exchange are also subjected to the applicable racing rules. For eventual additional rules for Mixed Gender team competitions see the respective ISU Communication.

g) The non-racing members of each team must stay out of the path of the racing Skaters and in an area that is clearly inside curves, marked by track marking blocks and a virtual line between the last block and the first block of the curves. Only to make an exchange, a Skater may leave this area. The line between the last and first block may be marked by dots.

h) Exchanges are to be made without interference to other teams. During exchanges, changing the lane is not allowed and exchanges are to be made straight forward, directly in front of the Skater who is pushing, and the skates have to be kept out of blocking.

i) Interference inside the track with Skaters coming in to take an exchange may also be considered an infringement.

Relay infringements

4. a) The individual racing rules, paragraphs 1 and 2, shall apply to Relay races, that is to say for all members of the Team, both participating and relayed Team members.
- b) Breaches of the relay racing rules are considered as follows:
- RELAYING NON TOUCH: The relay has taken place without a touch or that the touch has not been obvious, clearly shown, and seen by the Referee or Assistant Referees;
 - RELAYING DURING THE LAST TWO (2) LAPS: The last relay has not been clearly started before the commencement of the final two (2) laps.

Team Racing Rules

5. a) A Team consists of a minimum of 2 Skaters.
- b) The finish position and time recorded by the last Skater of the Team finishing determines the result of the Team.
- c) The Skaters shall compete as a Team and may assist each other.
- d) A Skater may push a member of the same Team as long as this does not impede any Skater from another Team.

Team Racing Infringements

6. The Individual Racing Rules (paragraphs 1 and 2) shall apply to Team Racing Rules, unless otherwise specified.

Sanctions for infringements of the Racing Rules or the ISU Code of Ethics

7. a) The term “disqualification” as used in Rule 123 paragraph 4 C. shall be understood to describe the various sanctions mentioned in this Rule including without limitation the following type of sanctions:

Penalty:

- for an infringement of the Racing Rules.

Yellow Card:

- for an unsafe, harmful or hazardous offence;
- for more than one infringements of the Racing Rule “Impeding” and/or “Kicking Out” independent of each other resulting in a penalty, made in one (1) race;
- for other actions explicitly so specified in these rules.

Red Card:

- for an infringement of the Racing Rules which is deemed to be dangerous or grossly negligent;
- in the case a Skater is shown two (2) Yellow Cards in the same Competition;
- for other actions explicitly so specified in these rules;
- for a violation of the ISU Code of Ethics, which happens in the period between the appearance of a Skater at the Heat Box In and leaving the Heat Box Out after a race;
- for any action and behavior, either on or off ice during the competition period, i.e. the beginning and the end of a competition as established by the ruling body of the competition, and which action is considered by the Referee as a non-compliance with instructions of an official in charge, or a violation of the ISU Code of Ethics.

b) The Skater/Relay Team who received a Penalty will be disqualified in the relevant race in which the infringement occurred, and will be excluded from participating in the next round of the distance/competition concerned. With the exception of Final A, where Rule 295, paragraph 5 b) applies, the Skater/Relay Team will forfeit the points/result accrued in that race alone. Points/results accrued prior to that race will not be affected.

c) The Skater/Relay Team who was been given a Yellow Card will be disqualified in the relevant race in which the infringement occurred and excluded from participating in the next round of the distance/competition concerned. The Skater/Relay Team will forfeit prior points/results accrued in all races over the distance/competition concerned. The right of the Skater to participate in other distances/competitions, or the results achieved in previous or next other distances/competitions are not affected.

d) If a Yellow Card to a Relay Team is directly given because of the action of one Skater or is the result of 2 cumulative Penalties to the same Skater, that Yellow Card becomes cumulative for that particular Skater, and only that Skater. If a Yellow Card is given for a cumulative of 2 Penalties given to 2 different Skaters from a team, the Yellow Card is not cumulative.

e) The Skater who was given a Red Card will not be allowed anymore to participate in any race, both Individual and Relay, and will not be ranked in the final individual classification. The results of other individual distances which have been concluded by the same Skater with a Final are not affected.

- f) The Relay Team who was given a Red Card will be disqualified in the relevant race and will not be ranked in the final Relay classification. The respective Skater of the team who was given a Red Card will not be allowed anymore to participate in any race, both Individual and Relay, and will not be ranked in the final classification of individual distances not yet concluded. The results of individual distances which have been concluded prior to the Relay race will not be affected.
- g) Any Official or other participant in an ISU activity witnessing a violation of the Code of Ethics during the competition period needs to verbally report to the Referee. The Referee shall file a written report with the Short Track Speed Skating Technical Committee concerning any Skater who is shown a Red Card or a Yellow Card. The Short Track Speed Skating Technical Committee shall forward this information to the Sports Director who will inform the Council.
- h) The Short Track Speed Skating Technical Committee shall create a database of all Yellow and Red Cards issued during a skating season.
- i) Irrespective of the Red Card decision of the Referee, any Skater falls under the disciplinary authority of the Disciplinary Commission at any given moment and is subject to a sanction imposed by the DC.
- j) If a Skater has accumulated two (2) Red Cards within 12 months, that Skater shall be automatically suspended from all ISU Events, the Olympic Winter Games, the Youth Olympic Winter Games, and International Competitions for at least two (2) months or three (3) applicable competitions whichever is the longer period.
- k) The Referee's decision that: there was an infringement of the Racing Rules or a violation of the ISU Code of Ethics or decisions approving the announcement of the results showing that there was no infringement are final and no protests against such decisions are allowed (See Rule 123 paragraph 4 C);
- l) If, during a race, any irregularity that may affect the result does take place, the Referee may stop the race and order a re-start of the race. As a principle, this re-start shall take place immediately. In exceptional cases the Referee may postpone the restart to a later point on the competition program following Rule 290 paragraph 5 a.

If the distance has been completed the Referee may order a re-run of the race considering the rest time according to Rule 295 paragraph 2.

- m) If any of the Skaters/Relay Teams have been sanctioned under this Rule for conduct occurring before the race is stopped, such Skater(s), and the Skater's Relay Team (if the race is a Relay race), will not take part in the re-run;
- n) In the case of a re-start of a Relay race substitution within each team is allowed.
- o) Any Skater, for whom the race has been stopped (to preserve the Skater's well-being), will not be allowed to take part in the re-start, unless the Skater was unable to continue due to reasons beyond his control. This does not apply to the starting procedure. The results of Skater(s) excluded for this reason from a re-start will show 'no finish'. This also applies to Relay Teams.

If the Skater is injured resulting from an action by another Skater for which a penalty is given, the Referee may advance the injured Skater or let the Skater participate in the re-start or re-run.

- p) Sanctions imposed by the Referee under this Rule are communicated and recorded at the end of each race. The recorded decision is the final decision and cannot be changed unless there is a recording, technical, data or communication error. The corrections have to be made before the next qualifying round. Any correction must be officially announced and documented.

Sanctions are announced at the end of each race before the announcement of the official results, to the Skater(s) / Team Coach or Team leader, and over the public address system for the benefit of the spectators, specifying where and how the Skater(s)/Relay Team concerned made an infringement and whether there is an advancement.

The Announcer must inform the spectators immediately of the decision(s) that has been taken. With approval of the Technical Committee the Referee may also announce the decision over the public address system.

If the public address system can be understood loud and clear at the Coaches Box, or the information is immediately available on a screen or any other communication device, there is no need for any On Ice Official to go to the Coaches Box to announce the decision(s).

In the case of a violation of the ISU Code of Ethics, either on or off the ice, within the competition period, the sanction may be announced also at a later stage and the consequences as indicated above will apply.

Sanctions for Coaches, Team leaders and Support staff

8. Coaches, Team leaders and Support staff are subject to the conditions of the General Regulations. Failure to observe these Rules and/or misconduct as per paragraph 5.a) iii) 3) i) and ii) above can result in the following sanctions:

Yellow Card: suspension from the Field of Play for the day;

Red Card: suspension from the Event/Competition with removal of the accreditation.

Rule 298

Heat Box

1. a) The Heat Box is a designated area where the Skaters must report when called and stay before their Race. Depending on the Qualifying Round this designated area may be different.

b) Previous to each start the names of those about to compete are to be clearly called at the Heat Box. Any Skater who fails to report to the Heat Box is excluded from the race, is excluded from all remaining races and/or distances of the competition and is removed from the final classification, except for Medical Examination and/or Medical Treatment. These medical reasons must be confirmed by a medical doctor's certificate and presented to the Referee before the race is being called.

c) Skaters who do not report to the Heat Box will be recorded as "Did not Start".

d) The Heat Box Steward will check that the Skaters are wearing their racing numbers and correct equipment.

e) Skaters with defective equipment (e.g. broken Skate blade) will not be allowed to start or re-start.

f) Skaters have to go on the ice through the Heat Box only. Skaters who do not go through the Heat Box will receive a penalty and are excluded from participating in the race.

Starting equipment

2. Instead of an ordinary start revolver an electronic starting device may be used as Starting gun. In this case the following conditions should be observed:

a) The starting device should have a firm trigger point;

b) The synthetic sound at the "firing of the gun" should be loud and distinct, and similar to the sound of the shot from an ordinary starting gun;

c) The smoke fire must be replaced with a visual flash, which must be distinctly different from a photoflash.

Lane Positions

3. If more than five (5) Skaters are starting in a race, the starting dots will not be used, and the Starter will direct the Skaters in the respective order of their position to the starting line.

If due to the number of Skaters in a race a second row is required at the start then the Skaters at this line will be positioned as far as possible to the outside of the track in the order of the lane positions.

Starting procedure

4. Once the Referee is satisfied that all necessary arrangements for the race to come have been taken, he will inform the Starter.

5. a) The Starter will blow the whistle.

b) From this moment the Skaters have a limited time to come to the start line. This time may be displayed using technical equipment. Also starting from this moment, the Announcer will ask for silence, if necessary.

c) The set time to go to the start line will be decided annually by the Technical Committee and announced at the Opening Meeting the day prior the start of each Event.

d) Any Skater who arrives at the start line after the limited time will be warned by the Starter. The announcement should be:

- The lane position of the Skater who made the offence;
- "Warning";
- "Delay".

e) Any warnings for delays do not affect the other Skaters on the starting line.

f) in the case of a false start or a second warning to a Skater who has already received a warning the Starter shall tell the Skater that he gets a penalty.

6. a) The Skaters will line up a short distance away from the start line.

b) In the case of a Semi-Final or Final Race where the Skaters are being introduced individually by the Announcer, they will position themselves a little further away from the start line and when introduced by the Announcer they will move forward closer to the start line.

c) Prior to the start of each Semi-Final over an individual distance, the participants are introduced by the Announcer stating their full name and country.

d) Prior to the start of a Final over an individual distance, the participants are introduced by the Announcer stating their full name, country, and other information for the interest of the public.

7. a) The Starter will command:
- "Go to the Start".
- b) On this command the Skaters move forward to the start line and place themselves at their respective dot at the start line. The Skaters stand up straight and stand still.
- c) Until the Skater has finalized his still position, touching the Start line is not an offence.
- d) Putting the tip of the blade in the ice is an offence and a false start will be given to the Skater concerned.
- e) The announcement of the Starter should be:
- The lane position of the Skater who made the offence;
 - "False Start";
 - "Wrong Blade Position".
8. a) The Starter will command:
- "Ready".
- b) The Skaters will go down and take their final starting positions immediately with the center of the body over the respective dot and keep this position.
- c) It is a false start when the Skater:
- Places one or both skates on or over the start line;
 - Places one or both hands on the ice;
 - Does not have both skates on the ice, i.e. full contact over the length of the blades;
 - Takes his starting position before the command "Ready";
 - Takes his starting position too slow after the command "Ready".
9. a) When all Skaters are positioned in their final starting position and are still, i.e. there is no more movement, the Starter will wait a defined period of time and then fire the gun.
- b) It is a false start when the Skater:
- Moves before the gun is fired;
 - Slides on or over the line;
 - Moves forward on the tip of his blades.
- c) In the case of a false start the Starter will fire the gun again and/or uses the whistle to call the Skaters back.
- d) The Skaters must return to the start line without delay. Any Skater who does not return directly to the start line will receive a warning for delaying the start.
- e) If more than one (1) Skater is responsible for a false start, the concerned Skaters shall all be assessed a false start.
- f) If one (1) of the Skaters breaks from his marks, thereby causing another Skater to follow him, only the Skater at fault shall be assessed a false start.

g) If one of the Skaters makes noise e.g. with his skates on the ice, thereby causing another Skater to move shall be assessed a false start.

h) Commands given by the Starter will include:

- The lane position of the Skater who made the offence;
- "False Start";

And if necessary any statement reasoning the false start, e.g.:

- Moving;
- Wrong blade position;
- Wrong blade movement.

i) If more than one (1) Skater made an offence all the preceding points will be repeated.

j) If there are multiple offences of the Starting Rule then these will be announced in the order they occurred.

10. a) If a false start was made by a Skater who had already received a warning, this Skater will receive a penalty and is excluded.

b) The announcement of an exclusion will include:

- The lane position of the Skater who made the offence;
- "Penalty".

c) On direction of the Referee the Skater may be sent off the ice.

11. a) After the first false start of a race the Starter will warn all Skaters:

- "This race has one false start".

b) In the case of a second false start by any of the Skaters, the Skater(s) concerned will be given a penalty and is/are excluded from the race.

c) The announcement of an exclusion will include:

- The lane position of the Skater who made the offence;
- "Penalty".

d) On direction of the Referee the Skater may be sent off the ice.

12. If a Skater is interfered with and falls before the last block of the first curve after the starting line, the Skaters shall be called back to start again. The decision whether the interference is an offence according to the Racing Rules is a decision of the Referee.

13. Before a start, the equipment of the Skater may be fixed, without going beyond the padding. At "Go to the Start" the Skaters must be fully prepared with all equipment in order. Any omission will be a "Warning for delaying the start" (see above).

If the Skater:

- received a warning before, or
- the race has a false start, or
- a repeated offence is made,

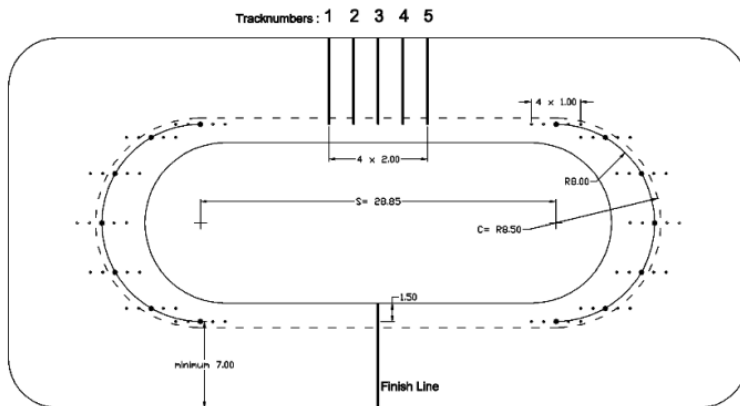
the Skater at fault will be given a Penalty.

End of Race

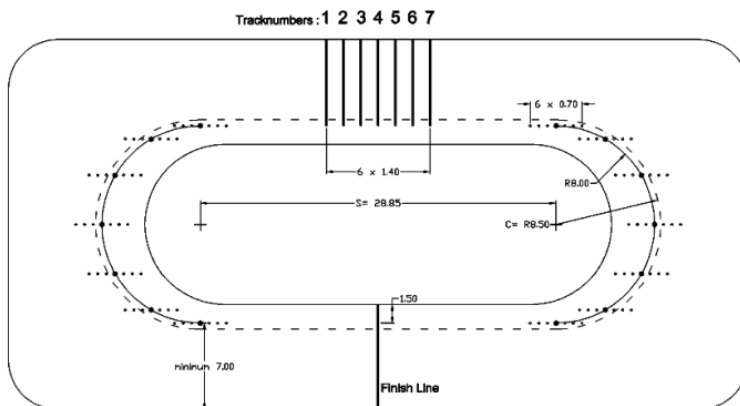
14. a) The end of the race is declared by the Referee. Different means can be used to communicate that information to the Skaters and all Officials. Except for Finals: Any Skater who has not yet finished will be declared finished by the Referee, but no time will be assigned.

b) After the end of the race there is a limited time to leave the ice. This time may be illustrated by technical equipment.

Rule 299 is reserved.



Track 2, 3 and 4 to be used for semi-finals and finals over 500 meters.



Track 3, 4 and 5 to be used for semi-finals and finals over 500 meters.

Tolerance for all measurements +/- 0.01 m

111.12 meters Track	
2 x S	57.71 meters
2 x C x pi	<u>53.41 meters</u>
One Lap	111.12 meters

Laps in different distances:	500	m	=	4½	laps
	1000	m	=	9	laps
	1500	m	=	13½	laps
	3000	m	=	27	laps
	5000	m	=	45	laps

INTERNATIONAL SKATING UNION

Founded: July 23rd, 1892, at Scheveningen (Netherlands)

ISU MEMBERS

AND	Andorra	Federacio Andorrana d'Esports de Gel (Figure)
ARG	Argentina	Argentine Ice Speed Skaters Union (UVEPA) (Speed) Federacion Argentina de Patinaje Sobre Hielo (Figure)
ARM	Armenia	Figure Skating Federation of Armenia (Figure)
AUS	Australia	Australian Ice Racing Inc. (Speed) Ice Skating Australia Incorporated (Figure)
AUT	Austria	Österreichischer Eisschnelllauf Verband (Speed) Österreichischer Eiskunstlauf Verband (Figure)
AZE	Azerbaijan	The Skating Federation of Azerbaijan Republic (Figure)
BLR	Belarus	Skating Union of Belarus
BEL	Belgium	Fédération Royale Belge de Patinage de Vitesse (Speed) Fédération Royale Belge de Patinage Artistique (Figure)
BIH	Bosnia and Herzegovina	Skating Federation of Bosnia and Herzegovina
BRA	Brazil	Brazilian Ice Sports Federation (Figure) (<u>Provisional Member Speed</u>)
BUL	Bulgaria	Bulgarian Skating Federation
CAM	Cambodia	<u>Cambodia Ice Skating Federation (Provisional Member Figure)</u>
CAN	Canada	Speed Skating Canada (Speed) Skate Canada (Figure)
CHN	China	Chinese Skating Association
TPE	Chinese Taipei	Chinese Taipei Skating Union
COL	Colombia	Federacion Colombiana de Patinaje (Provisional Member Speed)
CRO	Croatia	Croatian Skating Federation
CYP	Cyprus	Cyprus Skating Federation (Figure)
CZE	Czech Republic	Czech Speed Skating Federation (Speed) Czech Figure Skating Association (Figure)
DEN	Denmark	Dansk Skøjte Union
PRK	D.P.R. Korea	Skating Association of the Democratic People's Republic of Korea
EST	Estonia	The Estonian Skating Union
FIN	Finland	Suomen Luisteluliitto (Speed) Suomen Taitoluisteluliitto (Figure)
FRA	France	Fédération Française des Sports de Glace

GEO	Georgia	Georgian Figure Skating Federation (Figure)
GER	Germany	Deutsche Eisschnelllauf-Gemeinschaft (Speed) Deutsche Eislauf-Union e.V. (Figure)
GBR	Great Britain	National Ice Skating Association of UK Ltd.
GRE	Greece	Hellenic Winter Sports Federation (Provisional Member Figure)
HKG	Hong Kong/ China	Hong Kong Skating Union Ltd
HUN	Hungary	Hungarian National Skating Federation
ISL	Iceland	Icelandic Skating Association (Figure)
IND	India	Ice Skating Association of India
INA	Indonesia	Persatuan Olahraga Sepatu Roda Seluruh Indonesia (PORSEKOSI)
IRL	Ireland	Ice Skating Association of Ireland
ISR	Israel	Israel Ice Skating Federation
ITA	Italy	Federazione Italiana Sport del Ghiaccio
JPN	Japan	Japan Skating Federation
KAZ	Kazakhstan	National Skating Federation of the Republic of Kazakhstan
KGZ	Kyrgyz Republic	Skating Federation of the Kyrgyz Republic (Figure)
LAT	Latvia	Latvian Skating Association
LIE	Liechtenstein	Liechtensteiner Eislauf Verband
LTU	Lithuania	Lithuanian Speed Skating Association (Speed) Lithuanian Skating Federation (Figure)
LUX	Luxembourg	Union Luxembourgeoise de Patinage de Vitesse (Speed) Union Luxembourgeoise de Patinage (Figure)
MKD	<u>Macedonia</u>	<u>Skating Federation of Macedonia (Provisional Member Figure)</u>
MAS	Malaysia	Ice Skating Association of Malaysia
MEX	Mexico	Federacion Mexicana de Patinaje Sobre Hielo y Deportes de Invierno, A. C. (Figure)
MDA	Moldova	Figure Skating Federation of the Republic of Moldova (Figure)
MON	Monaco	Fédération Monegasque de Patinage (Figure)
MGL	Mongolia	Skating Union of Mongolia
MAR	Morocco	Association of Moroccan Ice Sports (Figure)
NED	Netherlands	Koninklijke Nederlandsche Schaatsenrijders Bond
NZL	New Zealand	Ice Speed Skating New Zealand Inc (Speed) New Zealand Ice Figure Skating Association (Inc) (Figure)
NOR	Norway	Norges Skøyteforbund
PHI	Philippines	Philippine Skating Union

POL	Poland	Polish Speed Skating Association (Speed) Polish Figure Skating Association (Figure)
QAT	Qatar	Qatar Skating Federation (Speed)
KOR	Rep. of Korea	Korea Skating Union
ROU	Romania	Romanian Skating Federation
RUS	Russia	Russian Skating Union (Speed) The Figure Skating Federation of Russia (Figure)
SRB	Serbia	Serbian Skating Association
SGP	Singapore	Singapore Ice Skating Association
SVK	Slovak Republic	Slovak Speed Skating Union (Speed) Slovak Figure Skating Association (Figure)
SLO	Slovenia	Slovene Skating Union
RSA	South Africa	South African Speed Skating Association (Speed) South African Figure Skating Association (Figure)
ESP	Spain	Federacion Española de Deportes de Hielo
SWE	Sweden	Svenska Skridskoförbundet (Speed) Svenska Konstakningsförbundet (Figure) Stockholms Allmänna Skridskoklubb (Club Member)
SUI	Switzerland	Schweizer Eislauf-Verband Internationaler Schlittschuh-Club Davos (Club Member)
THA	Thailand	Figure and Speed Skating Association of Thailand
TUR	Turkey	Turkish Ice Skating Federation
UKR	Ukraine	Ukrainian Speed Skating Federation (Speed) Ukrainian Figure Skating Federation (Figure)
UAE	United Arab Emirates	UAE Ice Sports Federation (Figure)
USA	United States of America	US Speedskating (Speed) The United States Figure Skating Association (Figure)
UZB	Uzbekistan	Winter Sports Association of Uzbekistan

INTERNATIONAL SKATING UNION

Headquarters: Registered postal address:

Avenue Juste-Olivier 17, 1006 Lausanne, Switzerland, Phone: (+41) 21 612 66 66,
Fax: (+41) 21 612 66 77, E-Mail: info@isu.ch

OFFICE HOLDERS 2018-2022

Council:

President:		Jan Dijkema	Netherlands
1 st Vice President:	Figure Skating:	Alexander Lakernik	Russia
Vice President:	Speed Skating:	Tron Espeli	Norway
Members:	Figure Skating:	Patricia St. Peter	USA
		<u>Tatsuro Matsumura</u>	<u>Japan</u>
		Maria Teresa Samaranch	Spain
		Marie Lundmark	Finland
		Benoit Lavoie	Canada
		Speed Skating:	Stoytcho G. Stoytchev
		Sergio Anesi	Italy
		Yang Yang	China
		Jae Youl Kim	Republic of Korea
		Roland Etienne Maillard	Switzerland
Director General:		Fredi Schmid	Switzerland
Treasurer:		Ulrich Linder	Switzerland
Legal Advisors:		Michael Geistlinger	Austria
		Béatrice Pfister	Switzerland
Figure Skating Sports Directors:		Charles Z. Cyr	USA
		Krisztina Regöczy	Hungary
Speed Skating Sports Director:		Hugo Herrnhof	Italy

Technical Committees:

Single & Pair Skating:	Chair:	Fabio Bianchetti	Italy
	Members:	Yukiko Okabe	Japan
		Rita Zonnekeyn	Belgium
		<u>Leena Laaksonen</u>	<u>Finland</u>
		Susan Lynch	Australia
	Appointed Skater:	<u>John Coughlin</u>	<u>USA</u>
Appointed Coach:	<u>Patrick Meier</u>	<u>Switzerland</u>	
Ice Dance:	Chair:	Halina Gordon-Poltorak	Poland
	Members:	Shawn Rettstatt	USA
		Hilary Selby	Great Britain
		<u>György Elek</u>	<u>Hungary</u>
	Appointed Skater:	Vacant	
Appointed Coach:	Maurizio Margaglio	Italy	

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Synchronized Skating:	Chair:	<u>Philippe Maitrot</u>	<u>France</u>
	Members:	Petra Tyrbo	<u>Sweden</u>
		Lois Long	<u>USA</u>
		<u>Uliana Chirkova</u>	<u>Russia</u>
	Appointed Skater:	<u>Roberta Giuliani</u>	<u>Italy</u>
	Appointed Coach:	Cathy Dalton	<u>Canada</u>
Speed Skating:	Chair:	Alexander Kibalko	<u>Russia</u>
	Members:	Nick Thometz	<u>USA</u>
		<u>Øystein Haugen</u>	<u>Norway</u>
		<u>Alexei Khatylev</u>	<u>Belarus</u>
	Appointed Skater:	<u>Beixing Wang</u>	<u>China</u>
	Appointed Coach:	Vacant	
Short Track Speed Skating:	Chair:	Nathalie Lambert	<u>Canada</u>
	Members:	Reinier Oostheim	<u>Netherlands</u>
		Satoru Terao	<u>Japan</u>
		<u>So Hee Kim</u>	<u>Korea</u>
	Appointed Skater:	<u>Christoph Milz</u>	<u>Germany</u>
	Appointed Coach:	<u>Wim de Deyne</u>	<u>Belgium</u>
Disciplinary Commission:			
Chair:	Volker Waldeck	<u>Germany</u>	
Members:	Allan Böhm	<u>Slovak Republic</u>	
	<u>Jean-François Monette</u>	<u>Canada</u>	
	Susan Petricevic	<u>New Zealand</u>	
	Albert Hazelhoff	<u>Netherlands</u>	
Medical Commission:			
Chair:	Jane M. Moran	<u>Canada</u>	
Members:	Sanda Dubravcic-Simunjak	<u>Croatia</u>	
	Joel C. Shobe	<u>USA</u>	
	Hiroya Sakai	<u>Japan</u>	
	Ruben Ambartsumov	<u>Ukraine</u>	
	Hannu Koivu	<u>Finland</u>	
	Eunkuk Kim	<u>Rep. of Korea</u>	
	<u>Marieke Becker</u>	<u>Netherlands</u>	
Development Commission:			
Coordinator:	<u>Susanna Rahkamo</u>	<u>Finland</u>	
	<u>Jildou Gemser</u>	<u>Netherlands</u>	
	<u>Suwanna Silpa-Archa</u>	<u>Thailand</u>	
Honorary Presidents:			Year of election
Viktor Gustaf Balck †	Sweden		1925
Emerich von Szent Györgyi †	Hungary		1933
Herbert J. Clarke †	Great Britain		1955
James Koch †	Switzerland		1967
Jacques Favart †	France		1982
Olaf Poulsen †	Norway		1994
Ottavio Cinquanta	Italy		2016

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Honorary Vice Presidents:

Sven Låftman †	Sweden	1971
Hendrik Roos †	Netherlands	1977
John R. Shoemaker †	USA	1980
Hermann Schiechtl †	F.R.G.	1984
Georg Pettersson †	Sweden	1986
Jean Heckly†	France	1992
Josef Dedic †	Czech Republic	1994
Lawrence Demmy M.B.E. †	Great Britain	1998
Gerhard Zimmerman	Germany	2010
David Dore †	Canada	2016

Honorary Secretary:

Georg Häsler †	Switzerland	1975
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Honorary Members:

		Year of election
Hans Pfeiffer †	Austria	1939
Gustavus F. C. Witt †	Netherlands	1953
Marcel Nicaise †	Belgium	1959
Friedrich Kachler †	Austria	1959
Walter S. Powell †	USA	1961
Reginald J. Wilkie †	Great Britain	1963
Georg Krog †	Norway	1969
Ernest Labin †	Austria	1969
Harald Halvorsen †	Norway	1969
Ernest J. G. Matthews †	Great Britain	1977
Heinz Dragunsky †	G.D.R.	1980
Oskar Madl †	Austria	1980
George Blundun †	Canada	1980
Emil Skákala †	Czechoslovakia	1980
Viktor Kapitonov †	U.S.S.R.	1984
Arne Kvaalen †	Norway	1984
Icilio Perucca †	Italy	1988
Elemér Tertak †	Hungary	1988
Donald H. Gilchrist †	Canada	1992
Herman J. van Laer †	Netherlands	1992
Benjamin T. Wright	USA	1992
John Hurdis †	Canada	1992
Charles A. De More †	USA	1994
Hans Kutschera†	Austria	1996
Jean Grenier	Canada	1996
Jürg Wilhelm †	Switzerland	1998
Lars-Olof Eklund †	Sweden	1998
Jan W.P. Charisius †	Netherlands	1998
Wolfgang Kunz	Germany	1998
Joyce Hisey	Canada	2002
Walburga Grimm	Germany	2002
John Hall †	Great Britain	2002
Maria Bialous-Zuchowicz	Poland	2006
Claire Ferguson	USA	2006
Monique Georgelin	France	2006
Myong-Hi Chang	Rep. of Korea	2010
Courtney J.L. Jones O.B.E.	Great Britain	2010

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Ulf Lindén	Sweden	2010
Gerhardt Bubník	Czech Republic	2010
James L. Hawkins	USA	2010
Phyllis Howard	USA	2016
Tjasa Andréa-Prošenc	Slovenia	2016
German Panov	Russia	2016
Lan Li	China	2016
György Martos	Hungary	2016
Peter Krick	Germany	2016
Alexander Gorshkov	Russia	2016
Ann Shaw	Canada	2016
Olga Gilardini	Italy	2016
<u>Junko Hiramatsu</u>	<u>Japan</u>	<u>2018</u>

Past Presidents

		Years of service
Willem H.J. Mulier †	Netherlands	1892–1894
Viktor Gustav Balck †	Sweden	1895–1924
Ulrich Salchow †	Sweden	1925–1937
Gerrit W.A. van Laer †	Netherlands	1937–1945
Herbert J. Clarke †	Great Britain	1945–1953
James Koch †	Switzerland	1953–1967
Ernest Labin †	Austria	1967
Jacques Favart †	France	1967–1980
Olaf Poulsen †	Norway	1980–1994
Ottavio Cinquanta	Italy	1994–2016

Jacques Favart Trophy

established 1981

		Year of award
Irina Rodnina	U.S.S.R.	1981
Eric Heiden	USA	1983
Jayne Torvill / Christopher Dean	Great Britain	1986
Scott Hamilton	USA	1987
Katarina Witt	G.D.R.	1988
Karin Kania	G.D.R.	1990
Natalia Bestemianova / Andrei Bukin	Russia	1992
Tomas Gustafson	Sweden	1993
Gaétan Boucher	Canada	1994
Bonnie Blair	USA	1998
Kurt Browing	Canada	1998
Johann Olav Koss	Norway	1998
Ludmila † & Oleg Protopopov	Switzerland	1998

Georg Häslér Medal

established 1985

Zoltán Balázs †	Hungary	1987
Willi Zipperlen †	Switzerland	1987
F. Ritter Shumway †	USA	1988
Herbert Kunze †	F.R.G.	1989
Assen Pavlov	Bulgaria	1989
W. Thayer Tutt †	USA	1989
Victor Blinov †	U.S.S.R.	1990

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Georg Häslér Medal (*continued*)

established 1985

Andrea Ehrig	G.D.R.	1990
Radovan Lipovscak†	Yugoslavia	1990
Courtney J. L. Jones O.B.E.	Great Britain	1991
Milan Duchon	Czechoslovakia	1992
Klaas Schipper	Canada	1992
Lysiane Lauret	France	1993
Anna Sinilkina †	Russia	1993
George Howie†	USA	1993
Pamela E.L. Davis, M.B.E. †	Great Britain	1994
Jurjen Osinga	Netherlands	1994
Ivan Mauer	Slovak Republic	1995
Florea Gamulea	Romania	1996
David E. Morgan †	Australia	1996
Beat Häslér	Switzerland	1998
Mitsuo Matsumoto †	Japan	2000
Robert Moir	Canada	2002
Valentin Piseev	Russia	2002

ISU Gold Award of Merit

established 2004

Lysiane Lauret	France	2006
Lucy Brennan	USA	2007
Susan Johnson	USA	2007
Joachim Franke	Germany	2008
Ann Shaw	Canada	2008
David Mitchell	Great Britain	2016
<u>Robert Horen</u>	<u>USA</u>	<u>2017</u>
<u>Joseph Inman</u>	<u>USA</u>	<u>2017</u>
<u>Christa Elisabeth Krick</u>	<u>Germany</u>	<u>2017</u>
<u>Erik Øsmundset</u>	<u>Norway</u>	<u>2017</u>
<u>Kenneth Pendrey</u>	<u>Great Britain</u>	<u>2017</u>
<u>Gale Tanger</u>	<u>USA</u>	<u>2017</u>
<u>Michel Verrault</u>	<u>CAN</u>	<u>2017</u>